

2021 SUMMER DAY CAMP

@ Achieve



THIS WEEK AT THE Y

Campers & Families-

This week will be all about the **Mighty Jungle!** We have jungle and animal themed activities including an on-site visit with some friendly reptiles!

FIELD TRIPS & SPECIAL EVENTS

Wednesday – On-site Field Trip with Serpentations .

Friday – Splash Pad Friday. A day filled with water play activities. Please bring Swimsuit, towel & Change of clothes.

SITE HOURS

7:00 AM—5:00 PM

CONTACT US

Director – Meredith Bergen
mbergen@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-5:00

MONDAY

Drop off & Centers

CAMP OPENING & AM SNACK

- 1. Fish Pond Cracker
- 2. Zookeepr Tag
- 3. Get to Know you Vine

LUNCH

- 1. Animal Yoga
- 2. Jungle Tree Build
- 3. Elephant Toothpaste

CAMP CLOSING & PM SNACK

Highs & Lows & Pick up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Bee Pollen Tag
- 2. Safari Trail Mix
- 3. Word Search Safari

LUNCH

- 1. Marbled Animal Painting
- 2. Steal the Chicken
- 3. Animal Cracker Gra- phing

CAMP CLOSING & PM SNACK

Highs & Lows & Pick up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. What time is it Mr. Fox?
- 3. color by Numbers Animals
- 4. Serpentations @ 10am

LUNCH

- 1. Animal Masks
- 2. Toilet Roll Bird Feeders
- 3. Fox in the Hen House.

CAMP CLOSING & PM SNACK

Highs & Lows & Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1 Hungry Hippos
- 2. Cap Bugs
- 3. Safari Animal Search & Find

LUNCH

- 1. Sleeping Lions
- 2. Jungle Bingo
- 3. Rain sticks

CAMP CLOSING & PM SNACK

Highs & Lows & Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Jungle Book Hanger.
- 2. Salt Water/ Fresh Water Experiment
- 3. Swamp Ball

LUNCH

Splash Pad Friday!
Water Play Activities!

CAMP CLOSING & PM SNACK

Highs & Lows & Pick Up

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THIS WEEK AT THE Y

Campers & Families-

This week's theme is Colo-RAD-
o so we will be exploring the outdoors.
We will be getting to know everyone
while getting to know our wonderful
state!

FIELD TRIPS & SPECIAL EVENTS

Wednesday – Field trip to Wings over
the Rockies. Bus Departs @ 8:30 am

Friday – Splash Pad Friday! There will be
water activities all day. Bring Swim
suit, towel, sunscreen & change of
clothes.

SITE HOURS

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AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-5:00

MONDAY

Drop Off & Morning Centers

CAMP OPENING & AM SNACK

1. Name Art
2. Sticky Note Expectations
3. Beach Ball Get to Know You

LUNCH

1. Toilet Paper Ice Breaker
2. Roll the Dice, Break the Ice
3. Traffic Jam

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

TUESDAY

Drop off & Morning Centers

CAMP OPENING & AM SNACK

1. Cup Stack Challenge
2. Goal Setting Painting
3. Creative Movement Maze

LUNCH

1. Self Portrait
2. Friendship Wheel
3. Balloon Cup Challenge

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

WEDNESDAY

Drop off & Morning Centers

CAMP OPENING & AM SNACK

Wings Over the Rockies
Bus Departs 8:30am
Return to Achieve 2:00pm

LUNCH

1. Cross if You...
2. Piece of Me Craft

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

THURSDAY

Drop off & Morning Centers

CAMP OPENING & AM SNACK

1. Color Coded Q & A
2. Growth Mindset Posters
3. Freezer Tag

LUNCH

1. Decorate a Cookie
2. Rock Paper Scissors Tag
3. Crumpled Paper Art

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

FRIDAY

Drop off & Morning Centers

CAMP OPENING & AM SNACK

1. Bouncy Ball Track Challenge
2. Get to know You Sculpture
3. Giant Sponge Tic Tac Toe

LUNCH

Splash Pad Friday! Water Play activities

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

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THIS WEEK AT THE Y

Campers & Families-

This week is **Splashin' Into Summer!**

We will be participating in water activities all week.

Please bring a swimsuit, towel and extra clothes each day.

FIELD TRIPS & SPECIAL EVENTS

Wednesday – Field trip to Splash Pad.
Be sure to pack a non-perishable lunch

Friday – Splash Pad Friday! Every Friday we have water play on site. Please pack a swimsuit, towel & extra clothes.

SITE HOURS

7:00 AM—5:00 PM

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WHAT TO BRING EVERYDAY

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PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Puffy Paint Ice Cream
2. Silly Bananas
3. Build a Stream

LUNCH

1. Fill the Bucket
2. Bubble Foam
3. Fruit Salad

CAMP CLOSING & PM SNACK

Highs & Lows

Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Salt Dough Starfish
2. Beach Ball Relay
3. Beach Bingo

LUNCH

1. Firefighter Relay
2. Berry Lemonade Popsicles
3. DIY Spray Chalk

CAMP CLOSING & PM SNACK

Highs & Lows

Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Splash Pad @ Footprint Park

Bus Depart 9:00am

Return to Achieve 2:15pm

LUNCH

Field Trip to Footprint Park Splash Pad

CAMP CLOSING & PM SNACK

Highs & Lows

Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Solar Oven
2. Solar Oven S'mores
3. Water Wars

LUNCH

1. Sponge Target Toss
2. Craft Stick S'mores
3. Bottle Diver

CAMP CLOSING & PM SNACK

Highs & Lows

Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Nature Walk & Art
2. Sponge Relay
3. Foil Boat Experiment

LUNCH

Splash Pad Friday!

Water Play Activities

CAMP CLOSING & PM SNACK

Highs & Lows

Pick Up

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THIS WEEK AT THE Y

Campers & Families-

This week is Engineers week! We will be exploring science, engineering, technology & math through fun filled activities and field trips!

FIELD TRIPS & SPECIAL EVENTS

Wednesday - Field trip to DMNS & Planetarium

Friday - Splash Pad Friday! Friday is water play day. Please pack a swimsuit, towel & change of clothes.

SITE HOURS

7:00 AM—5:00 PM

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Toothpick Pyramid
2. Bucket Brigade
3. Word Dig

LUNCH

1. Cookie Excavation
2. Hunter/Gather
3. Mud Painting

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Create a Fossil
2. Water Pollution Challenge
3. Rainbow in a Cup

LUNCH

1. Giant Bubbles
2. Edible DNA
3. Leaning Tower of Cups

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field Trip @ DMNS & Planetarium

Bus Departs 8:30 am

Return to Achieve 2:45pm

LUNCH

Field Trip to DMNS

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Grow A Crystal
2. Message Relay
3. Paper Kite

LUNCH

1. Water Wheel
2. Toothpick Tower
3. Dirt Cake in a Cup

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Bouncy Ball DIY
2. Air Flow Game
3. Sunscreen Painting

LUNCH

1. Crayon Melt Artwork
2. Water Bottle Rocket
3. Foot Launchers

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

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THIS WEEK AT THE Y

Campers & Families-

This week is Holidaze! We are all about Holiday in the Sun and fun!

Monday– 4th of July Holiday Observed. No Care! See you Tuesday!

FIELD TRIPS & SPECIAL EVENTS

Monday– 4th of July Holiday Observed!
No Care! See you Tuesday!

Tuesday - Fieldtrip to Wagon Wheel Skating Rink

Wednesday– Kona Ice Truck visit on-site!

Friday - Splash Pad Friday! Friday is water play day. Please pack a swimsuit, towel & change of clothes.

SITE HOURS

7:00 AM—5:00 PM

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MONDAY

Holiday, No Care!

CAMP OPENING & AM SNACK

Holiday!
No Care Today!
See You on Tuesday!

LUNCH

Holiday, No Care Today!
See you Tuesday!

CAMP CLOSING & PM SNACK

Holiday, No Care Today!
See You Tuesday!

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-5:00

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field Trip to Wagon Wheel Skating Rink & Ken Mitchell Park
Bus Departs 8:45am
Bus Returns 2:30pm

LUNCH

- 1. Pinwheels
- 2. Mad Libs

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Flower Lei
- 2. Sun Tea
- 3. Kakamora vs Kakamora

LUNCH

- 1. Kona Ice 1-2pm
- 2. Lemon Volcano
- 3. Shadow Drawing

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Salt Egg Painting
- 2. Egg Toss
- 3. Grow an Egg

LUNCH

- 1. Marble Eggs
- 2. Chick Rocks
- 3. Pin the Tail on the Bunny

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Treasure Hunt
- 2. Bird Kite
- 3. Island

LUNCH

Friday Splash Pad!
Water Play Activities

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

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THIS WEEK AT THE Y

Campers & Families-

This week is Y Camp Throw Down. Be prepared to run and play in the sun and have some friendly competition.

FIELD TRIPS & SPECIAL EVENTS

Wednesday– Bennet Park Splash Pad

Friday – Splash Pad Friday! Friday is water play day. Please pack a swimsuit, towel & change of clothes.

SITE HOURS

7:00AM—5:00 PM

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Team Name & Banner
2. Team Cheer
3. 2 Truths & A Lie

LUNCH

1. Limbo
2. Spoon Relay
3. Household Item Challenge

CAMP CLOSING & PM SNACK

Pick Up & Centers

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Football Throw
2. Beach Ball Relay
3. Spirit Bracelets

LUNCH

1. Fill the Bucket
2. Parachute Games
3. Team Bucket Challenge

CAMP CLOSING & PM SNACK

Pick Up & Centers

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field Trip to Bennet Park Splash Pad

Bus Departs 9:00am

Returns to Achieve 2:30pm

LUNCH

Field Trip to Bennet Park Splash Pad

CAMP CLOSING & PM SNACK

Pick Up & Centers

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Recycled Derby Car build
2. Recycled Derby Race

LUNCH

1. Soccer
2. Stack Attack
3. Wheel Barrow Race

CAMP CLOSING & PM SNACK

Pick Up & Centers

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Twister
2. Sack Race
3. Muddy Buddy Mix

LUNCH

Splash Pad Friday!

Water Play Activities!

Team Building Recognition

CAMP CLOSING & PM SNACK

Pick Up & Centers

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THIS WEEK AT THE Y

Campers & Families-

This week is You're Bacon Me Crazy. This week is all about Food! Activities will center on food, our local agriculture and talking with our very own YMCA Dietician to learn about ways to eat healthy!

FIELD TRIPS & SPECIAL EVENTS

Wednesday - Growing Gardens Bee-keeping tour

Friday - Splash Pad Friday! Friday is water play day. Please pack a swimsuit, towel & change of clothes.

SITE HOURS

7:00 AM—5:00 PM

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Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

3:30-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. My Plate
- 2. My Plate Lunch Box
- 3. Food Sort Relay

LUNCH

- 1. Celery Stamping
- 2. Frozen Bananas
- 3. Silly Bananas

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Humpty Dumpty's Wall
- 2. Marshmallow Painting
- 3. Food Search

LUNCH

- 1. Fruit Salad Game
- 2. Noodle Necklace
- 3. Marshmallow Shooter

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field Trip to Park & Growing Gardens
Bus Departs 9:00am
Return 3pm

LUNCH

Field Trip to Park & Growing Gardens

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Paper Fortune Cookies
- 2. Grape Sculptures
- 3. Rock Candy DIY

LUNCH

- 1. Lemon Volcano
- 2. Marshmallow Structures
- 3. Steal the Chicken

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Edible Slime
- 2. Avocado Friends
- 3. Chicken Noodle Tag

LUNCH

Splash Pad Friday
Water Play Activities

CAMP CLOSING & PM SNACK

Highs & Lows
Pick Up

2021 SUMMER DAY CAMP

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THIS WEEK AT THE Y

Campers & Families-

This week is Artastic! We will explore the different ways we can be artistic and creative through drama, music, dance and painting activities.

FIELD TRIPS & SPECIAL EVENTS

Monday- Art class 1:30pm

Wednesday- Churro Truck 10:30-11:30

Friday - Splash Pad Friday! Friday is water play day. Please pack a swimsuit, towel & change of clothes.

SITE HOURS

7:00 AM—5:00PM

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Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

7:00-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

3:30-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Design Your Bookmark
- 2. Oat Dough
- 3. Night at the Museum

LUNCH

- 1. Freeze Dance
- 2. Art Lesson- 1:30pm

CAMP CLOSING & PM SNACK

Pick Up & Centers

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Chalk Art
- 2. Charades
- 3. Pendulum Painting

LUNCH

- 1. Recycled Guitar
- 2. Hands & Feet
- 3. Indoor Scavenger Hut

CAMP CLOSING & PM SNACK

Pick Up & Centers

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Shadow Puppets
- 2. Puppet show
- 3. Churro Truck 10:30-11:30

LUNCH

- 1. Musical Chairs
- 2. Rain Cloud in a Jar
- 3. Telephone

CAMP CLOSING & PM SNACK

Pick Up & Centers

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Fizzing Rainbow
- 2. Freeze Dance
- 3. DIY Bouncy Balls

LUNCH

- 1. Sock Buddies
- 2. Floating M&M's
- 3. Simon Says & Mimic Me

CAMP CLOSING & PM SNACK

Pick Up & Centers

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Indoor Scavenger Hunt
- 2. Virtual dance lesson
- 3. Mad Libs

LUNCH

- Splash Pad Friday
- Water Play Activities

CAMP CLOSING & PM SNACK

Pick Up & Centers