

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Art-Tastic

Dates – May 31st-June 4th

Campers & Families –

Welcome to the first week of summer camp in 2021! After a long school year of academia, prepare for a full week of freedom to express your creative mind. All our arty crafts and games will culminate in a pottery painting on Friday!

FIELD TRIPS & SPECIAL EVENTS

**Friday – On Site Field Trip –
Arts on Fire – Clay Creations**

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus

aandrus@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

CAMP OPENING
& AM SNACK

NO CAMP

MEMORIAL
DAY

LUNCH

NO CAMP

MEMORIAL
DAY

CAMP CLOSING
& PM SNACK

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:
Cup Weaving
Four Seasons Tree
Paper Hats
Band-Aid Tag
Standing Pool
Noodle Game

LUNCH

Rotations:
Photo Holders
Squirt Gun
Painting
Cup Games
Jump the River
Flinch!

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:
Paper Plate
Weaving
Straw Beads
Straw Figurines
Freeze Tag
Wax Museum

LUNCH

Rotations:
Homemade Paint
Aboriginal Dot Art
Totem Poles
Red Light, Green
Light
Find your Friend
Game

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:
Leaf Prints
Watercolor
Back Drawing
Challenge
Ultimate Tag
Ninja

LUNCH

Rotations:
Spinner Toys
3D Hand Illusion
Skeletal Hands
Dizzy Race
Monkey Tag

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

On Site
Field Trip:
Arts on Fire

Rotations:
Tissue Paper
Suncatchers
Shadow Drawing
Head, Shoulders,
Knees, Cone

LUNCH

On Site
Field Trip:
Arts On Fire

Rotations:
Rainbow Pineapple
Negative Space
Art
Jump the River

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

WEEK OF: May 31-June 4

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Fungineers
Dates – June 7th – 11th

Campers & Families –

Time to turn your brains back on, but in an interactive and engaging way! We will have Snapology here every day to lead some hands-on science activities. Also prepare to start swimming this week!

FIELD TRIPS & SPECIAL EVENTS

Monday – On Site Field Trip: Snapology

Tuesday – On Site Field Trip: Snapology

Wednesday – On Site Field Trip: Snapology

Thursday – On Site Field Trip: Snapology & “Block Party” Giant Legos

Friday – On Site Field Trip: Snapology

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus
aandrus@denverymca.org

VISIT US ONLINE

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Snapology -
Astronomy**

Rotations:

Image Projector
Giant 4 Square
Relay
Swimming

LUNCH

**On Site
Field Trip:
Snapology -
Astronomy**

Rotations:

Parachutes
3D Bubble Toys
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Snapology -
Biology**

Rotations:

Jenga Tower
Challenges
Swimming

LUNCH

**On Site
Field Trip:
Snapology -
Biology**

Rotations:

Water Slides
Lego Challenges
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Snapology -
Chemistry**

Rotations:

Floating Water
Experiment
Swimming

LUNCH

**On Site
Field Trip:
Snapology -
Chemistry**

Rotations:

Play Dough
Human Catapult
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Snapology -
Physics**

Rotations:

Paper Table
Challenge
Marble Maze
Swimming

LUNCH

**On Site
Field Trip:
Snapology -
Physics**

Rotations:

Straw Airplanes
Giant Legos
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Snapology -
Earth
Science**

Rotations:

Tower Building
Mine Field
Swimming

LUNCH

**On Site
Field Trip:
Snapology -
Earth Science**

Rotations:

Plate Tectonics
Treasure Guardian
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEEK OF: June 7-11

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Splashin’ Into Summer
Dates – June 14th – 18th

Campers & Families –

We hope you like getting wet. It’s gonna happen this week. A lot. Every day we swim, culminating in a trip to Pirate’s Cove on Friday. Pack a swimsuit and towel everyday, but don’t forget your regular clothes and closed-toe shoes too!

FIELD TRIPS & SPECIAL EVENTS

Monday – Bounce House
“Dolphin Water Slide”

Friday – Pirates Cove
Leave @ 9:00am
Return @ 4:00pm
*** Lunch TBD**

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus
aandrus@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Dolphin
Water Slide**

Rotations:

Water Races

Waterproof
Penguins

Head, shoulders,
Knees, Cone

LUNCH

**On Site
Field Trip:
Dolphin
Water Slide**

Rotations:

Drip, Drip, Splash
Balloon Volleyball
Sponge Crawl Race

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Sponge Toss

Balloon Dash

Fish, Ship, Shore

Swimming

LUNCH

Rotations:
Human Ring Toss
Tin Foil River
Ultimate Tag

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Spray Bottle Art

Beach Ball Games

Tic Tac Splash

Swimming

LUNCH

Rotations:
Bubble Wands
Slip 'n Slide
Bowling
Jump the River

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Squirt Gun Races

Sharks and
Minnows

Sponge Field

Swimming

LUNCH

Rotations:
Minute-to-Win-It:
Water Edition
Fill the Bucket
Relay
Hula Hoop RPS
Race

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Pirates
Cove**

**Lunch is
provided
Swimming**

Sandbox

LUNCH

**Field Trip:
Pirates
Cove**

Swimming

Sandbox

**CAMP CLOSING
& PM SNACK**

RETURN from
Pirates Cove @
4:00pm

Free Field Play

Small Group
Games/Activities

WEEK OF: June 7-11

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Y Camp Throwdown
Dates – June 21st – 25th

Campers & Families –

Get ready for a classic summer camp experience! Be part of a team, compete with your peers, and work together to face challenges.

FIELD TRIPS & SPECIAL EVENTS

Tuesday – Adventure Golf

Wednesday – Kona Ice

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus
aandrus@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Cup Hand Challenges

Flinch!

Team Drawing Challenges

Swimming

LUNCH

Rotations:

Masking Tape Spiderweb

Pasta Challenges

Friendship Bracelets

Swimming

CAMP CLOSING & PM SNACK

Free Field Play

Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

**Field Trip:
Adventure Golf**

LUNCH

**Field Trip:
Adventure Golf**

CAMP CLOSING & PM SNACK

Free Field Play

Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Cloud Dough

Balloon Pulling Challenge

Steal the Bacon

Swimming

LUNCH

**On Site
Field Trip:
Kona Ice**

Rotations:

Scavenger Hunt
Balloon Ball Race

Swimming

CAMP CLOSING & PM SNACK

Free Field Play

Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Cotton Ball Challenge

Minute-to-Win-It
Parachute Games

Swimming

LUNCH

Rotations:

Back Drawing Challenge

Bottle Pulling Challenge

Where is My Water Bottle?

Swimming

CAMP CLOSING & PM SNACK

Free Field Play

Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Paper Airplane Competition

Steal the Bacon

Hula Hoop RPC Race

Swimming

LUNCH

Rotations:

Golfball Game
Ninja

Hand and Foot Hop Scotch

Swimming

CAMP CLOSING & PM SNACK

Free Field Play

Small Group Games/Activities

WEEK OF: June 21-25

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Mighty Jungle

Dates – June 28th – July 2nd

Campers & Families –

Time to explore animals, starting off with a slick reptile show on Monday. We'll evolve through crafts, games, and STEM activities toward a Friday visit to the Denver Museum of Nature and Science.

FIELD TRIPS & SPECIAL EVENTS

Monday – Serpentations: Live Snake Show

Friday – Denver Museum of Nature and Science – IMAX show TBD

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus

aandrus@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip:
Serpentations
Live Snake Show

Rotations:

Flapping Butterflies
Monkey Tag
Critter Camo

LUNCH

Rotations:

Animal Track Stamps
Sharks and Minnows
Beehive STEM

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Animal Bingo
Steal the Bacon
Crab Walk Race

Swimming

LUNCH

Rotations:

Bird Kite
Animal Hide 'n Seek
Fish, Ship, Shore

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Spiky Dino Hat
Scorpion Sting
Treasure Guardian

Swimming

LUNCH

Rotations:

Pipe Cleaner Lizard
Hula Hoop Freeze Tag
Bear Crawl Race

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Design an Animal
Mushroom Ball
Sunflower Seed Hedgehogs

Swimming

LUNCH

Rotations:

Roll-a-Monster
Monster Feet
Jump the River

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Field Trip:
Denver Museum of Nature and Science

IMAX – TBD

LUNCH

Field Trip:
Denver Museum of Nature and Science

IMAX – TBD

CAMP CLOSING & PM SNACK

RETURN from DMNS @ 4:00pm

Free Field Play
Small Group Games/Activities

WEEK OF: June 28-July 2

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Holiday
Dates – July 5th-9th

Campers & Families –

After a short rest from celebrating Independence Day, we will start fresh on Tuesday exploring some other holidays. Some will be familiar, but many will present how other cultures celebrate their own unique holidays!

FIELD TRIPS & SPECIAL EVENTS

Monday – CAMP CLOSED
Independence Day

Wednesday – On Site Enrichment
“Now Showing”
Giant Movie Screen
Movie TBD

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus
aandrus@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

CAMP OPENING
& AM SNACK

NO CAMP

INDEPENDENCE
DAY

LUNCH

NO CAMP

INDEPENDENCE
DAY

CAMP CLOSING
& PM SNACK

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Christmas
in July

Flag Suncatcher
Snow Play Dough
Decorate the Tree
Relay

Swimming

LUNCH

Lunar New Year

Chinese Dragon
Firecrackers
Red Envelopes

Swimming

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Dia de los
Muertos

Sugar Skull Masks
Papel Picado
Nicho Boxes
Ultimate Tag

LUNCH

On Site
Field Trip:
Giant Movie
Screen-
Movie TBD

Halloween

Pumpkin Chunkin
Spider Web
Painting

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Diwali

Paper Lanterns
Salt Dough
Candleholders
Musical Chairs

Swimming

LUNCH

Basanth

Paper Kites
Lunch Bag Kites
Straw Kites

Swimming

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Samhain

Apple Bobbing
(Sanitary
Modification)
Costume Relay
Tarot Cards

Swimming

LUNCH

On Site Field
Trip: Happy
Cones -
Ice Cream

Birthday

Mini Pinatas
Pop-up Cards
Birthday Tag

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

WEEK OF: July 5-9

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – Back to the Future
Dates – July 12th-16th

Campers & Families –

We're taking it back to the 60s, 70s, 80s, and 90s. Your kids may well never reach the full nostalgia of these times, but they will see just how strangely cool "old school" was. And what throwback experience is complete without roller skating?!

FIELD TRIPS & SPECIAL EVENTS

Monday – On Site Enrichment– My Art Workshop–Wood Rocket Ships

Wednesday – Wagon Wheel Skate Center

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On-Site Field Trip: Wooden Rockets

Rotations:

Ribbon Wands
Pip cleaner Peace Signs
Steal the Bacon

LUNCH

On-Site Field Trip: Wooden Rockets

Rotations:

Paper Beads
Freeze Tag
Relay Races

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Pogs
Goosebumps Cover Design
Flinch!

Swimming

LUNCH

Rotations:

Pacman Clothespin Craft
Tetris Board Game
Jump the River

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Field Trip: Wagon Wheel Skate Center

LUNCH

Field Trip: Wagon Wheel Skate Center

CAMP CLOSING & PM SNACK

RETURN from Wagon Wheel @ 4:00pm
Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Rubik's Cube Box
Homemade Play Dough
Ultimate Tag

Swimming

LUNCH

Rotations:

Tinted Sunglasses
Tie-dye Coffee Filters
Parachute Games

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Connect 4 Relay
Neon Bangles
Slap Bracelets

Swimming

LUNCH

Rotations:

Slinky Painting
God's Eyes
Ninja

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEEK OF: July 12-16

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme – H2 Oh Yeah
Dates – July 19th – 23rd

Campers & Families –

It's summer. It's hot. Water is an essential resource, but also a great way to combat that heat! Chill off on Monday with snow cones and have a blast at Pirate's cove on Wednesday, then finish off the week with water games and activities!

FIELD TRIPS & SPECIAL EVENTS

Tuesday – On Site Field Trip: Kona Ice

Wednesday – Pirates Cove

Leave @ 9:00am

Return @ 4:00pm

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Austin Andrus

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip:
Bounce House & Water Slide

Rotations:
Beach Ball Games
Water Races

LUNCH

On Site Field Trip:
Bounce House & Water Slide

Rotations:
Jump the River
Tin Foil River

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:
Spray Bottle Art
Tic Tac Splash
Steal the Bacon

Swimming

LUNCH

On Site Field Trip:
Kona Ice

Rotations:
Drip, Drip, Splash!
Dizzy Race
Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Field Trip:
Pirates Cove
Lunch is provided
Swimming

Sandbox

LUNCH

Field Trip:
Pirates Cove

Swimming

Sandbox

CAMP CLOSING & PM SNACK

RETURN from Pirates Cove @ 4:00pm
Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:
Squirt Gun Races
Human Ring Toss
Sponge Field

Swimming

LUNCH

Rotations:
Minute-to-Win-It: Water Edition
Slip 'n Slide
Bowling
Freeze Tag

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:
Where is My Water Bottle?
Fill the Bucket Relay
Head, Shoulders, Knees, Cone

Swimming

LUNCH

Rotations:
Sponge Toss
Hula Hoop RPS Race
Treasure Guardian

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEEK OF: July 19-22

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme— Work Hard! Play Hard!

Dates— July 26th-30th

Campers & Families—

This week is all about getting the energy flowing. At your own pace, join the gamut of games we have for you. We'll start the week off with a laser tag bang and end with mini golf and giant board games right in our own back yard!

FIELD TRIPS & SPECIAL EVENTS

Monday— Loveland Laser Tag— Lunch is included

Wednesday— Onsite— TBD

Friday— On Site Field Trip— “Golf N’ Games”

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director - Austin Andrus

aandrus@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Loveland
Laser Tag**

Laser Tag

Arcade

Lunch Provided

LUNCH

**Field Trip:
Loveland
Laser Tag**

Laser Tag

Arcade

**CAMP CLOSING
& PM SNACK**

RETURN from
Loveland Laser
@ 4:00pm
Free Field Play
Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Mood Cups
Relay Races
Tic Tac Toe Toss

Swimming

LUNCH

Rotations:

Head, Shoulders,
Knees, Cone
Balloon Volleyball
Crab Soccer

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Minute-to-Win-It
Parachute Games
Where is My Wa-
ter Bottle?

Swimming

LUNCH

Rotations:

Field Races
Flinch!
Jump the River

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Egg Toss
Field Races
Dizzy Race

Swimming

LUNCH

Rotations:

Drip, Drip, Splash
Hula Hoop RPS
Race
Red Light, Green
Light

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
"Golf N'
Games"**

Rotations:

Field Races
Ninja

LUNCH

**On Site
Field Trip:
"Golf N'
Games"**

Rotations:

Connect 4 Race
Clean Your Room
Mine Field

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEEK OF: July 26-30

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme— Colo-RAD-O

Dates— August 2nd-6th

Campers & Families—

Welcome to the great state of—
Oh, you already live here? Let's celebrate it then! The mountains, nature, and culture. Thursday will be the classic Colorado Rockies baseball game! Please note the later return time as we also plan to celebrate the awesome Denver traffic!

FIELD TRIPS & SPECIAL EVENTS

Monday – On Site Field Trip

Food Truck

The Dapper Doughnut

Thursday – Field Trip

Rockies Game

*** Late Return 5:00pm ***

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Colorado Flag Art
3D Topographic
Maps
Ultimate Tag

Swimming

LUNCH

**On Site
Field Trip:
The Dapper
Doughnut**

Rotations:
Columbine Flower
Sand Dunes STEM
Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Mesa Verde Craft
Lego Mountain
Challenges
Field Races

Swimming

LUNCH

Rotations:
Treasure Map
Mountain
Silhouettes
Treasure Guardian

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Nature Impres-
sions
Tree Bark
Rubbings
Ninja

Swimming

LUNCH

Rotations:
Nature Wands
Nature Color
Wheel
Mushroom Ball

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Coors Field-
Rockies
Game vs
Cubs game
@ 1:10pm**

LUNCH

**Field Trip:
Coors Field-
Rockies
Game vs
Cubs game
@ 1:10pm**

**CAMP CLOSING
& PM SNACK**

RETURN from
Coors Field @
5:00pm
Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Aspen Tree Art
Colorado Trivia
Steal the Bacon

Swimming

LUNCH

Rotations:
Ski/Snowboard
Craft
Fold and Print
Painting
Jump the River

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEEK OF: Aug 2-6

2021 SUMMER DAY CAMP

@ Duncan Day Camp (3rd-6th)



THIS WEEK AT THE Y

Weekly Theme— You're Bacon Me Crazy

Dates— August 9th-13th

Campers & Families—

Food is an important part of life and culture. This week we'll safely explore art, science, and play through food. Some meals will be provided. For more details, be sure to check the "Field Trips & Special Events" section over here →

FIELD TRIPS & SPECIAL EVENTS

**Tuesday – On Site Food Truck
The Slawpy Barn**

Burgers, Hot Dogs, Chicken Fingers, and Fries

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Germs Activity
Salt Dough
Cookies
Hula Hoop Tag

Swimming

LUNCH

Rotations:
Pasta Necklaces
Pie in a Cup
Where is My
Water Bottle?

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Food Truck
Slawpy Barn**

Rotations:
Salt Dough Fruits
and Veggies
Jump the River
Flinch!

LUNCH

Rotations:
Mosaic Pasta
Hula Hoop RPS
Race
Bean Bag 4 Square

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Downtown
Fingers
Food Truck**

Rotations:
Oobleck
Spaghetti Tracing
Art
Treasure Guardian

LUNCH

Rotations:
Solar Oven
S'mores
Minute-to-Win-It:
Food Edition
Clean the Kitchen

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Paper Mache
Volcanos
Dizzy Race
Human Ring Toss

Swimming

LUNCH

Rotations:
Ice Cream in a Bag
Steal the Bacon
Freeze Tag

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Sliced Banana
Trick
Head, Shoulders,
Knees, Cone
Cloud Dough

Swimming

LUNCH

Rotations:
Dirt Cake
Ninja
Drip, Drip, Splash

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEEK OF: Aug 9-13