

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Art-Tastic

WEEK OF:

May 31st – June 4th

FIELD TRIPS & SPECIAL EVENTS:

Thursday – On Site Field Trip

Arts on Fire – Clay Sculptures

CAMPERS & FAMILIES –

Welcome to our first week of summer camp! It will be art themed and also filled with plenty of physical activities to counter all of our art. So get ready to channel your inner Picasso, Van Gogh, Da Vinci, Monet, Dali, Michelangelo, Kahlo, Pollock, etc.

This Week's Movie: Fantastic Mr. Fox

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

CAMP OPENING
& AM SNACK

NO CAMP
HOLIDAY

LUNCH

NO CAMP
HOLIDAY

CAMP CLOSING
& PM SNACK

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

3D Hands
Tissue Paper Snail
Shaving Cream Art
Walk to the Park
Soap Bubble Art

LUNCH

Rotations:

Smushed Art
Lego Building
Competition
Slip N Slide
Ping Pong Art
Popsicle Tractors

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

Van Gogh
Paintings
Sneaky Statues
Tie-Dye Coffee
Filters
Slip N Slide
Shadow Art

LUNCH

Rotations:

YouTube Art Class
Ping Pong Art
Freeze Dance
Silly Bananas
Paper Airplane
Throw Down!

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

On Site
Field Trip:
Arts on Fire

Rotations:

Scribble Art
Loud Mouth Art
DIY Comics

LUNCH

On Site
Field Trip:
Arts on Fire

Rotations:

Human Tracing
Beat Master
Go Noodle

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

Walk to the Park
Accordion Dog
Four Square
Hose Limbo
Folding Open
Mouth Trick

LUNCH

Rotations:

Friendship
Bracelets
Handprint
Volcanoes
Hot Air Balloons
Slip N Slide
Mega Bubbles

CAMP CLOSING
& PM SNACK

Free Field Play
Small Group
Games/Activities

WEEK OF: May 31-June 4

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Fungineers

WEEK OF:

June 7th–11th

FIELD TRIPS & SPECIAL EVENTS:

Monday – On Site Field Trip–Snapology

Tuesday – On Site Field Trip–Snapology

Wednesday – On Site Field Trip–Snapology

Thursday – On Site Field Trip– Snapology

Friday – On Site Field Trip–Snapology & “Block Party” Giant Legos

CAMPERS & FAMILIES –

This week is all about engineering and trying to secure that future scholarship! Even without school we can stretch our thinking and have fun at the same time.

This week’s Movie: The Borrowers

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: Snapology - Astronomy

Rotations:

Galaxy Ball
Marshmallow Cup Launcher
Go Noodle
Swimming

LUNCH

On Site Field Trip: Snapology - Astronomy

Rotations:

Walk to the Park
Junk in the Trunk
Human Knot
Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: Snapology - Biology

Rotations:

Sock Bubble Blowers
Engineering Towers
Balloon Booty Pop

LUNCH

On Site Field Trip: Snapology - Biology

Rotations:

Water Balloon Toss
Balloon Blast!
Balloon Rockets
Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: Snapology - Chemistry

Rotations:

Walk to the Park
Hungry, Hungry Humans
Who Am I?
Swimming

LUNCH

On Site Field Trip: Snapology - Chemistry

Rotations:

Mad Scientist BINGO
Solar Smores
Chalk Talk
Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: Snapology - Physics

Rotations:

Parachute Games
YouTube Art Class
Ultimate Rock, Paper, Scissors
Swimming

LUNCH

On Site Field Trip: Snapology - Physics

Rotations:

Go Noodle
3D Sea Turtles
Four Square
Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: Snapology - Earth Science

Rotations:

Junk in the Trunk
RotoCopter
SPUD!

LUNCH

On Site Field Trip: Snapology - Earth Science

Rotations:

Slip N Slide
Accordion Garland
Water Balloon Catapults

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEEK OF: June 7-11

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Splashin' Into Summer

WEEK OF:

June 14th – 18th

FIELD TRIPS & SPECIAL EVENTS:

Tuesday – On Site Field Trip

**Bounce House: Dolphin Water
Slide**

Wednesday– Field Trip– Pirates Cove

CAMPERS & FAMILIES –

This week we are swimming, and a lot of it too. It's getting too hot, so we need to cool down and have an entire week surrounded by water activities. Big hats and towels wouldn't be a bad idea to bring this week.

This week's movie: Surf's Up

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

VISIT US ONLINE

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Walk to the Park
Mega Bubbles
Germ Art
Ocean in a Bag

LUNCH

Rotations:

Slip N Slide
Twinkie
Submarines
Drip, Drip, Drop
Ocean Floors

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Dolphin
Water Slide**

Rotations:

Cheezie Head
Game
Crab Soccer
Sand Art
Four Square

LUNCH

**On Site
Field Trip:
Dolphin
Water Slide**

Rotations:

Shark Attack
Walk to the Park
Beach BINGO
Seashell Crabs

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Pirates
Cove**

**Lunch is
provided
Swimming**

Sandbox

LUNCH

**Field Trip:
Pirates
Cove**

Swimming

Sandbox

**CAMP CLOSING
& PM SNACK**

RETURN from
Pirates Cove @
4:00pm
Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Jump the River
Water Balloon
Toss
YouTube Art Class
Ocean Floor

Swimming

LUNCH

Rotations:

Slip N Slide
Shadow Art
Squirt Gun Cow-
boys
Pour the Water

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Hose Limbo
Blindfolded Water
Relay
Charades

Swimming

LUNCH

Rotations:

Walk to the Park
Down by the banks
Go Noodle
Fish Ship Shore

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEEK OF: June 14-18

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Y Camp Throwdown

WEEK OF:

June 21st – 25th

FIELD TRIPS & SPECIAL EVENTS:

Wednesday – On Site Field Trip:

Kona Ice

Thursday – Field Trip: Adventure Golf

Leave 9:30AM return at 3:30PM

CAMPERS & FAMILIES –

This week we will be a throw back to the summer camps of the 90's. Classic games and crafts from all of our iconic summer camps. It's a blast from the past and will make you remember your summers as a young one.

This week's movie: *Spirited Away*

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
DIY Stress Balls
Kickball
Cat Eyes
Walk to the Park
SPUD!
Mentos Challenge

LUNCH

Rotations:
YouTube Art Class
Four Square
Rubber Bands vs
Watermelon
Friendship
Bracelets

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Ghost in the
Graveyard
Dodgeball
Parachuters
Pet Rocks

Swimming

LUNCH

Rotations:
Walk to the Park
Knock Out
Dirt N Worms
Fruit Loop Rain-
bows

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip -
Kona Ice**

Rotations:
Pour the Water
Octopus Tag
Fruit Kabobs

LUNCH

**On Site
Field Trip -
Kona Ice**

Rotations:
Charades
Dot Paintings
Paper Football

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip -
Adventure
Golf and
Raceway**

LUNCH

**Field Trip -
Adventure
Golf and
Raceway**

**CAMP CLOSING
& PM SNACK**

Return from Field
Trip @ 4:00pm

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Protect the Castle
Paper Knights
Construction
Paper Castles

Swimming

LUNCH

Rotations:
Magazine Collages
Paper Sculptures
Walk to the Park
Popsicle Planes

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEEK OF: June 21-25

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:
Mighty Jungle

WEEK OF:
June 28th – July 2nd

FIELD TRIPS & SPECIAL EVENTS:

Monday – On Site Field Trip–
Serpentations – Live Snake Show

Thursday – Field Trip: Denver Museum of Nature and Science – IMAX TBD

CAMPERS & FAMILIES –

This week we will see kids in summer camp, so basically **ANIMALS** in their native habitat! We want to climb in the trees to be with the monkeys. Swim to the deepest depths with the whales. Soar higher to be with the Falcons. This week is all about the animal kingdom.

This week's movie: Madagascar

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero
Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Serpentation**

Rotations:

Go Noodle
Paper Birds
Clothespin Lizards
What Time is it
Mr. Fox?

LUNCH

**On Site
Field Trip:
Serpentation**

Rotations:

Handprint Macaws
Four Square
Noodle Snakes
Octopus Tag

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Slip N Slide
YouTube Art Class
Popsicle Fish
Four Corners

Swimming

LUNCH

Rotations:

Socktopus
Slinky Fish
Walk to the Park
Thumbprint pine-apples
Snake Chains

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Clay Creatures
Fishy Fishy
Animal BINGO
Animal Cootie
Catchers

Swimming

LUNCH

Rotations:

Paint Clay Crea-
tures
Hungry, Hungry
Humans
Kickball
Sand Art

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Denver
Museum of
Nature and
Science**

IMAX- TBD

LUNCH

**Field Trip:
Denver
Museum of
Nature and
Science**

IMAX- TBD

**CAMP CLOSING
& PM SNACK**

RETURN from
DMNS @ 4:00pm

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Crab Soccer
Walk to the Park
Fish Ship Shore
Balloon Booty Pop

Swimming

LUNCH

Rotations:

Go Noodle
Down by the Banks
Line Tag
Sand Art

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEEK OF: June 28-July 2

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:
Holidaze

WEEK OF:
July 5th – 9th

FIELD TRIPS & SPECIAL EVENTS:
Monday – CAMP CLOSED HOLIDAY

Wednesday – On Site Field Trip: Giant
Movie Screen “Now Showing”

CAMPERS & FAMILIES –

This week we celebrate holidays in the summer. The 4th of July usually gets all the attention and we want to break that mold. So bust out your ugly Christmas sweater and pumpkin pies, it's time to celebrate everything.

This week's movie: Rise of the Guardians

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero
Vjlucero@denverymca.org

VISIT US ONLINE

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP
6:30-9:00

MORNING ACTIVITIES
9:30-12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP
4:00-6:00

MONDAY

CAMP OPENING
& AM SNACK

NO CAMP
HOLIDAY

LUNCH

NO CAMP
HOLIDAY

CAMP CLOSING
& PM SNACK

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

Paper Snowflakes
Presidents
Cereal Necklaces
Go Noodle

Swimming

LUNCH

Rotations:

Pasta Turkeys
Snow Night
Line Tag
Xmas Trees

Swimming

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

On Site
Field Trip:
Giant Movie
Screen

Rotations:

SPUD!
Tootsie Pop
Ghosts
Pony Bead
Pumpkins

LUNCH

On Site
Field Trip:
Giant Movie
Screen

Rotations:

Kickball
Tinfoil Valentines
Xmas BINGO

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

Shamrocks
Walk to the Park
Handprint Turkeys
Scooters

Swimming

LUNCH

Rotations:

Fireworks Art
USA Graham Flags
Pony Bead Flags
Shadow Art

Swimming

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

CAMP OPENING
& AM SNACK

Rotations:

Groundhog Day
YouTube Art Class
Sponge Snowmen
Dodgeball

Swimming

LUNCH

On Site Field
Trip: Happy
Cones - Ice
Cream

Rotations:

Calling All Colors
Scooters
Dot Paintings

Swimming

CAMP CLOSING
& PM SNACK

Free Field Play

Small Group
Games/Activities

WEEK OF: July 5-9

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Back to the Future

WEEK OF:

July 12th – 16th

FIELD TRIPS & SPECIAL EVENTS:

Wednesday – Field Trip: Wagon
Wheel Roller Skating –Leaving
10:00AM, return 2:00PM

Friday – On Site Field Trip: My Art
Workshop – Wood Rocket Ships

CAMPERS & FAMILIES –

This week is fantasy-themed. Nerds have taken over the world, it's so cool to be a nerd and get into some fantasy and fiction. Be prepared to let your imagination run wild with this week's vast theme.

This week's movie: Mr. Peabody & Sherman

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

Assistant Director –

VISIT US ONLINE

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Cat Eyes
Four Square
Go Noodle
Silent Ball

Swimming

LUNCH

Rotations:

Solar Smores
Walk to the Park
Four Square
Faux Stained Glass

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Wagon
Wheel Skate
Center**

Skating

Arcade

LUNCH

**Field Trip:
Wagon
Wheel Skate
Center**

Skating

Arcade

**CAMP CLOSING
& PM SNACK**

RETURN from
Wagon Wheel @
4:00pm
Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Cereal Necklaces
Mini Martians
Mini Aliens
Ultimate Rock,
Paper, Scissors

Swimming

LUNCH

Rotations:

Finger Knitting
DIY Wands
YouTube Art Class
Walk to the Park

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Paper Bag Ninjas
One Ball Dodgeball
DIY Stress Balls
Go Noodle (90's
theme)

Swimming

LUNCH

Rotations:

Lego Building
Competition
Solar system
paintings
Rocketship Paint-
ings
Shark Attack!

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site Field
Trip: My Art
Workshop -
Wood Rockets**

Rotations:

Walk to the Park
Magazine collage
Parachute games

Swimming

LUNCH

**On Site Field
Trip: My Art
Workshop -
Wood Rockets**

Rotations:

Freeze Dance
Clay creations
YouTube Art Class

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEEK OF: July 12-16

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:
H2 Oh Yeah

WEEK OF:
July 19th – 23rd

FIELD TRIPS & SPECIAL EVENTS:

Wednesday – On Site Field Trip: Kona Ice

Thursday – On Site Field Trip: Giant Water Slide

Friday – Field Trip: Pirates Cove

CAMPERS & FAMILIES –

This week we will be...

“Swimming and a lot of it too. It’s getting too hot, so we need to cool down and have an entire week surrounded by water activities. Big hats and towels wouldn’t be a bad idea to bring this week.”

Remember when I said that? Well it’s time for round 2!

This week’s movie: Shark Tale

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero
Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Drip, Drip, Drop
Water Balloon
Toss
Cool Beverages
Slip N Slide
Sponge Relay

LUNCH

Rotations:

Sponge Toss
Puddle Jumper
Gone Fishing
Pretzel Fishing
Rod
Colander Toss

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:

Squirt Gun
Cowboys
Jump the River
Soap Bubble art
Bubbles

Swimming

LUNCH

Rotations:

3D Sea Turtles
Water Relay
Garden Hose
Limbo
Walk to the Park

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Kona Ice**

Rotations:

Slip N Slide
Mega Bubbles
Water Balloon
Relay
Sponge Tag

LUNCH

**On Site Field
Trip: Kona
Ice**

Rotations:

Marble Art
Clamming for
Marbles
Shark Attack!

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site
Field Trip:
Giant Water
Slide**

Rotations:

Go Noodle
Water Balloon
Launch
Mentos Challenge

LUNCH

**On Site Field
Trip: Giant
Water Slide**

Rotations:

Pour the Water
YouTube Art Class
Cupcake (liner)
Fish

**CAMP CLOSING
& PM SNACK**

Free Field Play

Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Pirates
Cove**

Swimming

Sandbox

LUNCH

**Field Trip:
Pirates
Cove**

Swimming

Sandbox

**CAMP CLOSING
& PM SNACK**

RETURN from
Pirates Cove @
4:00pm

Free Field Play

Small Group
Games/Activities

WEEK OF: July 19-22

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

Work Hard! Play Hard!

WEEK OF:

July 26th – 30th

FIELD TRIPS & SPECIAL EVENTS:

Tuesday – Loveland Laser Tag (Lunch provided): 10:30 AM – 2:30PM

Wednesday – On Site – Ninja Nation Climbing Wall

CAMPERS & FAMILIES –

As the old adage says: If you work hard, you can play just as hard. We want to mix it up by challenging our physical abilities. Lets get extreme and see what we are capable of!

This week's movie: Turbo

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

VISIT US ONLINE

<https://www.denverymca.org/programs/youth-programs/summer-day-camp>

WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Parachute Games
Hungry, Hungry
Humans
YouTube Art Class
Team Toss

LUNCH

Rotations:
Face the Cookie
Water Relay
Human
Tic-Tac-Toe
Water Gun Cup
Race

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

TUESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**Field Trip:
Loveland
Laser Tag**

Laser Tag

Arcade

LUNCH

**Field Trip:
Loveland
Laser Tag**

Laser Tag

Arcade

**CAMP CLOSING
& PM SNACK**

RETURN from
Laser Tag @
4:00pm
Free Field Play
Small Group
Games/Activities

WEDNESDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

**On Site Field
Trip: Ninja
Nation
Climbing
Wall**

Rotations:
Water Gun Cup
Race
Water Balloon
Toss
Cheezie Head Toss

LUNCH

**On Site Field
Trip: Ninja
Nation
Climbing Wall**

Rotations:
Hose Limbo
Hula Hoop
Transfer

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

THURSDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Fish, Ship, Shore
Hula Hoop
Transfer
Fishy Fishy
Diner Dash IRL

Swimming

LUNCH

Rotations:
Sponge Relay
Steal the Bacon
Wizards, Giants,
Elves
Go Noodle

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

FRIDAY

Free Field Play
Small Group
Games/Activities

Break into
Groups

**CAMP OPENING
& AM SNACK**

Rotations:
Sponge Relay
Steal the Bacon
Wizards, Giants,
Elves
Go Noodle

Swimming

LUNCH

Rotations:
Walk to the Park
Ultimate Rock,
Paper, Scissors
Clean up the Yard
Accordion Paper
Garland

Swimming

**CAMP CLOSING
& PM SNACK**

Free Field Play
Small Group
Games/Activities

WEEK OF: July 26-30

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:
Colo-RAD-O

WEEK OF:
August 2nd-6th

FIELD TRIPS & SPECIAL EVENTS:

Monday- On Site Field Trip-Food
Truck- The Dapper Doughnut

Tuesday- Field Trip- Boondocks
(Lunch is provided) 10:30AM to 3PM

CAMPERS & FAMILIES -

This week is based on our beautiful state and all that it has to offer. Everyone is moving here for the quality of life and you can't blame them. This week will remind us just how "rad" this state can be.

This week's movie: Homeward Bound

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director - Vj Lucero
Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site Field Trip: The Dapper Doughnut

Rotations:

Planting flowers
Painted Rocks
Walk to the Park
Kickball

LUNCH

On Site Field Trip: The Dapper Doughnut

Rotations:

Beat Master
Carrots in the Garden
Soccer Shootout

CAMP CLOSING & PM SNACK

Return from Loveland Laser @ 4:00pm
Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Field Trip: Boondocks

**Mini Golf
Laser Tag
Arcade**

LUNCH

Field Trip: Boondocks

**Mini Golf
Laser Tag
Arcade**

CAMP CLOSING & PM SNACK

RETURN from Boondocks at 4:00pm
Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Suck it up
Slip N Slide
Lego Spoon Race
Wafer Planes
Butterfly Snacks

Swimming

LUNCH

Rotations:

Straw Airplanes
Paper Cup Bubble Maker
Pinwheels
Magazine collage

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Grass Heads
Watercolor Skyline
Slinky Fish
Cotton Bowl

Swimming

LUNCH

Rotations:

Separation Anxiety
Nose Dive
Camping Cookies
YouTube Art Class

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Dragon Breath
Dragon Slinky's
Paper Plate Dragon
Capture the Flag

Swimming

LUNCH

Rotations:

Popsicle Stick Cabins
Dot Paintings
Walk to the Park
Go Noodle

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEEK OF: Aug 2-6

2021 SUMMER DAY CAMP

@ Duncan Day Camp (K-2nd)



THIS WEEK AT THE Y

WEEKLY THEME:

You're Bacon Me Crazy

WEEK OF:

August 9th – 13th

FIELD TRIPS & SPECIAL EVENTS:

Tuesday – On Site Field Trip

Food Truck: Slawpy Barn

CAMPERS & FAMILIES –

This week is all about grubbing! We will get to play with our food. Sorry Mom and Dad but this week we will be aloud to break all the rules and get our hands dirty with creative food crafts. We will also have a handful of food trucks stopping by to help fill our guts.

This week's movie: Ratatouille

SITE HOURS

6:30 AM—6:00 PM

CONTACT US

Director – Vj Lucero

Vjlucero@denverymca.org

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WHAT TO BRING EVERYDAY

Water Bottle, Shoes w/ closed toes, Sunscreen, Lunch, AM & PM Snacks

PRE-CAMP

6:30-9:00

MORNING ACTIVITIES

9:30-12:00

AFTERNOON ACTIVITIES

1:00-3:30

AFTER CAMP

4:00-6:00

MONDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Walk to the Park
Candy Sushi
SPUD!
Musical Chairs
Go Noodle

LUNCH

Rotations:

Chocolate Pretzel rods
Slip N Slide
What time is it Mr. Fox?
Face the Cookie

CAMP CLOSING & PM SNACK

Return from Loveland Laser @ 4:00pm
Free Field Play
Small Group Games/Activities

TUESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Fishy Fishy
Donut Monsters
Cereal Necklaces
Noodling Around
Field Games

LUNCH

On SITE
Field Trip:
Food Truck
Slawpy Barn

Rotations:

YouTube Art Class
Walk to the Park
Human TicTacToe

CAMP CLOSING & PM SNACK

RETURN from Boondocks at 4:00pm
Free Field Play
Small Group Games/Activities

WEDNESDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

On Site
Field Trip:
Downtown
Fingers -
Food Truck

Rotations:

Shadow Art
Marshmallow Structures
Edible pudding slime

LUNCH

Rotations:

Owl Rice Cakes
Go Noodle
Four Square
Ultimate Tag

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

THURSDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Walk to the Park
Lego Building competition
Solar Smores
Penny Hose

Swimming

LUNCH

Rotations:

Slip N Slide
Tail Tag
Separation Anxiety
YouTube Art Class

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

FRIDAY

Free Field Play
Small Group Games/Activities

Break into Groups

CAMP OPENING & AM SNACK

Rotations:

Dirt N Worms
Soccer Shootout
Candy Corn Monsters
Go Noodle

Swimming

LUNCH

Rotations:

Pie Bar
Food Trucks
Walk to the Park
Fruit Loop
Rainbows

Swimming

CAMP CLOSING & PM SNACK

Free Field Play
Small Group Games/Activities

WEEK OF: Aug 9-13