

#### THIS WEEK AT THE Y

WEEKLY THEME:
Back to the Future

WEEK OF:

June 1st - June 4th

FIELD TRIPS & SPECIAL EVENTS:

**CAMPERS & FAMILIES -**

This week we will be...

Taking it back!

#### **SITE HOURS**

7:0 AM-6:00 PM

#### **CONTACT US**

Director - Monica Cherry mcherry@denverymca.org

Director - Ashley Smith asmith@#denverymca.org

#### **VISIT US ONLINE**

https://www.denverymca.org/programs/youth-programs/summer-day-camp

#### WHAT TO BRING EVERYDAY

#### **MONDAY**

CAMP OPENING & AM SNACK

### **TUESDAY**

#### Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Hula Hoop** Skee-Ball
- **Simon Says**

LUNCH

One Ball

Dodgeball

**Pictionary** 

**Swimming** 

**Rotations:** 

Slime

#### **LUNCH**

### **NO CAMP HOLIDAY**

# CAMP CLOSING & PM SNACK

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **WEDNESDAY**

#### **Free Field Play**

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Musical Chairs**
- Pac Man Tag
- Parachute Games

#### LUNCH

#### **Rotations:**

- Four Corners/ Yoga
- **Relay Race**
- **Swimming**

# CAMP CLOSING & PM SNACK

#### Field Play

**Playground** 

Craft

#### **THURSDAY**

#### Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Pass The Hoop**
- Freeze Dance
- **Blowing Bubble Gum Contest**

#### LUNCH

#### **Rotations:**

- Decade Costume Contest
- **Dance Party**
- **Swimming**

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **FRIDAY**

#### Free Field Play

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

Blaster Bouncer

**Obstacle Course** 

#### LUNCH

#### **Rotations:**

**Blaster Bouncer** 

Obstacle Course

# CAMP CLOSING & PM SNACK

#### Field Play

**Playground** 

Craft

WEEK OF: June 1-4



#### THIS WEEK AT THE Y

WEEKLY THEME: Colo-Rad-O

WEEK OF:
June 7th-June 11th

**FIELD TRIPS & SPECIAL EVENTS:** 

**Thursday Hawk Quest** 

**CAMPERS & FAMILIES -**

This week we will be...

**Learning about Colorado** 

#### **SITE HOURS**

7:00AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# MORNING ACTIVITIES 930—12:00

# AFTERNOON ACTIVITIES

# AFTER CAMP

#### **MONDAY**

**Free Field Play** 

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

Nature

Scavenger Hunt

- Gold Rush Snack
  Mix
- Train Tag

#### **LUNCH**

#### **Rotations:**

- Journals
- Plant Floors
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Treasure Map
- Steal The Gold
- Butter

#### LUNCH

#### **Rotations:**

- Colorado Trivia
- Columbine
   Flower
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **WEDNESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Feather Ink
   Drawing
- Dinosaur Lot
- Color Scavenger Hunt

#### LUNCH

#### **Rotations:**

- Bug Catching
- Pasta Dinosaur
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

Lanterns

**Hawk Quest** 

10:15-1 1:45

#### LUNCH

#### **Rotations:**

- Bird Feeder
- Hula Hoop Rock Paper, Scissors
- Swimming

#### CAMP CLOSING & PM SNACK

**Field Play** 

Playground

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Line Tag
- Hacky Sacks
- Ceramic Art

#### LUNCH

#### **Rotations:**

- Paint By Sticker
   Dinosaurs
- Everybody's It Tag
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: June 7-11



#### THIS WEEK AT THE Y

WEEKLY THEME:
Work Hard Play Hard

WEEK OF:
June 14th—June 18th

**FIELD TRIPS & SPECIAL EVENTS:** 

Wednesday—Field Trip—
Rockies Game! Late return 5pm

**CAMPERS & FAMILIES -**

This week we will be...

Lets play!

#### **SITE HOURS**

7:00 AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# MORNING ACTIVITIES 930—12:00

# AFTERNOON ACTIVITIES

# AFTER CAMP

#### **MONDAY**

**Free Field Play** 

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Chalk Art
- Sport Pennants
- Capture The Flag

#### **LUNCH**

#### **Rotations:**

- Dodgeball
- Going On A
   Picnic
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play
Playground
Craft

#### **TUESDAY**

Free Field Play

Small Group Games/
Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### Rotations:

- Jump The River
- Sports Key Chain
- Captains Orders

#### LUNCH

#### **Rotations:**

- Junk Yard
- Playground
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play Playground

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rockies Game**

Leave at 10am

Come prepared to be in the sun!

#### LUNCH

#### **Rockies Game!**

Late return to camp 5pm

#### CAMP CLOSING & PM SNACK

Field Play
Playground

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

Water Kickball

**Shooter** 

- Pom Pom
- Sports Tag & Turbo Tag

#### LUNCH

#### **Rotations:**

- Bingo
- Bean Bag Relay
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Coast To Coast
- Spud
- Paper Airplane Contest

#### **LUNCH**

#### **Rotations:**

- Keep Up The Beachball
- Pac Man Tag
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

Lraft

WEEK OF: June 14-18



#### THIS WEEK AT THE Y

WEEKLY THEME:
Art-Tastic

WEEK OF:
June 21st—June 25th

FIELD TRIPS & SPECIAL EVENTS:

Tuesday-My Art Workshop on site

Wednesday-Field Trip-

**Denver Museum Of Nature & Science** 

**CAMPERS & FAMILIES -**

This week we will be...

Time to show off those art skills!

#### **SITE HOURS**

7:0 AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# **MORNING ACTIVITIES** 9:30—12:00

# **AFTERNOON ACTIVITIES**

# **AFTER CAMP**

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Color Corners**
- 10:30 My Art Workshop

#### **LUNCH**

#### **Rotations:**

- **Water Gun Painting**
- **Button Art**
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

Craft

# **Playground**

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Loom Bands**
- Colorado Flag Art
- Giants, Elves & **Wizards**

#### LUNCH

#### **Rotations:**

- Scratch Art
- **Playground**
- **Swimming**

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ **Activities** 

Break into Groups

# CAMP OPENING & AM SNACK

Denver Museum of **Nature** and Science

#### LUNCH

#### **IMAX** movie at the museum

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Shaving Cream**
- **Among Us Drawing**
- **Sponge Painting**

#### LUNCH

#### **Rotations:**

- **Chalk Drawing**
- **Optical Illusion**

Art

**Swimming** 

# CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ **Activities** 

Break into Groups

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Storm The Castle
- **Create A Story**
- Wands

#### LUNCH

#### **Rotations:**

- Scratch Art
- Pac Man Tag & Charades
- Swimming

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: June 21-25



#### THIS WEEK AT THE Y

**WEEKLY THEME:** 

Splash' into Summer

**WEEK OF:** 

June 28th-July 2nd

**FIELD TRIPS & SPECIAL EVENTS:** 

Wednesday-Field Trip-

**Pirates Cove!** 

#### **CAMPERS & FAMILIES -**

This week we will be...

Splashing around all week! Please come in a swimsuit, with a bag for your towel and spare clothes.

#### **SITE HOURS**

7:0 AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# **MORNING ACTIVITIES**

# **AFTERNOON ACTIVITIES**

# **AFTER CAMP**

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Fish Ship Shore
- Pirate Tag
- **Bubbles & Chalk**

#### **LUNCH**

#### **Rotations:**

- **Water Limbo**
- Beach Jell-O Cups
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- Fish Tank
- Crab Soccer
- **Jump The River**

#### LUNCH

#### **Rotations:**

- Beachball
  - Kickball
- Sprinkler Red light, Green Light
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

**Pirates Cove** 

**Bring your** swim bag with a towel

#### LUNCH

#### **Pirates Cove**

**SWIMMING** 

### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

- **Octopus Tag**
- **Sensory Bag**
- Fishy Fishy

### Rotations:

- Cross My Sea

#### LUNCH

#### **Rotations:**

- **Water Balloon** Toss
- Sea Weed Tag
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Sharks &
  - Minnows
- Fill The Bucket
- **Graham Cracker** Fish Tank

#### LUNCH

#### **Rotations:**

- Drip Drip Drop
- **Wheatlands Park**
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: June 28 -July 2



#### THIS WEEK AT THE Y

WEEKLY THEME: Holidaze

**WEEK OF:** 

July 5th-July 9th

**FIELD TRIPS & SPECIAL EVENTS:** 

No camp July 5th

Wednesday-Field Trip-

**Boondocks!** 

**CAMPERS & FAMILIES -**

This week we will be...

**Lets Celebrate!** 

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7:00AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

**MORNING ACTIVITIES** 

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

**Rotations:** 

**CLOSED** 

#### **LUNCH**

**Rotations:** 

**CLOSED** 

# CAMP CLOSING & PM SNACK

Field Play **Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Ghost In The Grave Yard**
- Salt Fireworks
- Bingo

#### LUNCH

#### **Rotations:**

- Snowflakes
- **Holiday Car Lot**
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

**Boondocks** 

LUNCH

**Boondocks** 

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Mummy Wrap**
- **What Are You** Thankful For
- **Egg Hunt**

#### LUNCH

#### **Rotations:**

- Gingerbread House
- Maracas & Music

CAMP CLOSING & PM SNACK

**Field Play** 

Craft

Playground

**Swimming** 

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

# CAMP OPENING & AM SNACK

**FRIDAY** 

Small Group Games/

Break into Groups

Free Field Play

**Activities** 

#### **Rotations:**

- Jingle Bell Toss
- **Turkey Tag**
- **Spring Bird Nest**

#### LUNCH

#### **Rotations:**

- **Craft Stick** Spider Web
- **Ghost & Goblins**
- Swimming

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: July 5-9



#### THIS WEEK AT THE Y

WEEKLY THEME: Mighty Jungle

WEEK OF:
July 12th-July 16th

FIELD TRIPS & SPECIAL EVENTS:

Wednesday-Field Trip-Swimming at Aurora Reservoir **CAMPERS & FAMILIES -**

This week we will be...

Let's make it like Jumanji!

#### **SITE HOURS**

7:0 AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# MORNING ACTIVITIES 930—12:00

# AFTERNOON ACTIVITIES

# AFTER CAMP

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Pipe Cleaner
   Animal
- Mr. Fox What Time Is It
- Bumblebee Tag

#### **LUNCH**

#### **Rotations:**

- Dirt & Worms
- Snake Wall
   Fire Wall
- Swimming 1-3

#### CAMP CLOSING & PM SNACK

Field Play
Playground
Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Zoo Animal Lot
- Design Your
   Own Animal
- Sun Catchers

#### LUNCH

#### **Rotations:**

- Animal Masks
- H20 Duck Duck Goose
- Swimming 1-3

#### CAMP CLOSING & PM SNACK

Field Play
Playground
Craft

#### **WEDNESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

Aurora Reservoir Swimming at

the reservoir!

#### **LUNCH**

Aurora Reservoir

#### CAMP CLOSING & PM SNACK

Field Play
Playground
Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Night At The Museum
- Wooden Snakes
- Jungle Bead
  Jewelry

#### LUNCH

#### **Rotations:**

- Animal
  - **Bookmarks**
- Wheatlands Playground
- Swimming 1-3

#### CAMP CLOSING & PM SNACK

Field Play
Playground
Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Jumanji Tag
- Jump The Cannon
- Animal Masks

#### LUNCH

#### **Rotations:**

- Rock Paper
  Scissors Tag
- Sidewalk Chalk
- Swimming 1-3

#### CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

WEEK OF: July 12-16



#### THIS WEEK AT THE Y

**WEEKLY THEME:** Fun-Gineers

WEEK OF:
Jul 19th-July 23rd

FIELD TRIPS & SPECIAL EVENTS:

Wednesday-Field Trip-Urban Air **CAMPERS & FAMILIES -**

This week we will be...

Let's Build!

#### **SITE HOURS**

7:00AM-6:00 PM

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#### WHAT TO BRING EVERYDAY

# **MORNING ACTIVITIES** 9:30—12:00

# **AFTERNOON ACTIVITIES**

# **AFTER CAMP**

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Fuse Beads**
- Fire The Cannons
- Lego Engineering

#### **LUNCH**

#### **Rotations:**

- Blob Tag
- **Pom Pom**

Shooter

Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Floor Is Lava
- **Craft Stick** Crossbow
- Volcanos & Icecream Cones

#### LUNCH

#### **Rotations:**

- **Paper Airplanes**
- **Design Magnets**
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

Field Trip-**Urban Air** 

#### LUNCH

#### **Urban Air**

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Salt Dough
- **Mellow Towers**
- **Man From Mars**

#### LUNCH

#### **Rotations:**

- Make Your Own Stress Ball
- Craft Stick & Clothespin Bridge
- Swimming 1-3

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ **Activities** 

Break into Groups

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Dice Workout
- Catapults
- Slim

#### LUNCH

#### **Rotations:**

- Q- Tip Car Maze
- Spaghetti Tower Challenge
- Swimming 1-3

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

**WEEK OF: July 19-23** 



#### THIS WEEK AT THE Y

WEEKLY THEME: H2O Ya

WEEK OF:
July 26th-July 30th

FIELD TRIPS & SPECIAL EVENTS:

Wednesday-Field Trip-Swim at Pirates Cove **CAMPERS & FAMILIES -**

This week we will be...

Splish Splash

#### **SITE HOURS**

7:00 AM-6:00 PM

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# **MORNING ACTIVITIES** 9:30—12:00

# **AFTERNOON ACTIVITIES**

# **AFTER CAMP**

#### **MONDAY**

**Free Field Play** 

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- Seaweed Tag
- **Sponge Darts**
- **Relay Race**

#### **LUNCH**

#### **Rotations:**

- **Water Balloons**
- Ocean Foil **Painting**
- Swimming

### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Parachute** Games
- Sharks & Lifeguards
- **Jump The River**

#### LUNCH

#### **Rotations:**

- Candy Sushi
- **Pass The Water**
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

**Pirates Cove** 

Swimming!

#### LUNCH

#### **Pirates Cove**

Swimming!

Bring your swim bag with a towel

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Octopus Tag**
- **Water Color** Painting
- **Fishy Fishy** Cross My Sea

#### LUNCH

#### **Rotations:**

- **Drip Drip Drop**
- Sea Weed Tag
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ **Activities** 

Break into Groups

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Practice For Talent Show**
- **Water Beads**
- **Wheatlands Playground**

#### LUNCH

#### **Rotations:**

- Talent Show
- **Ice Cream Party**
- Swimming

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: July 26-30



#### THIS WEEK AT THE Y

**WEEKLY THEME:** 

You're Bacon Me Crazy

**WEEK OF:** 

**August 2nd-August 6th** 

**FIELD TRIPS & SPECIAL EVENTS:** 

**On-Site:** 

Wednesday Dion's Pizza

**Thursday: Wafflerita** 

**CAMPERS & FAMILIES -**

This week we will be...

Cookin' It Up

#### **SITE HOURS**

7:00AM-6:00 PM

#### **CONTACT US**

**Director - Ashley Smith** 

720-292-0376

**Director – Monica Cherry** 

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# **MORNING ACTIVITIES** 9:30—12:00

# **AFTERNOON ACTIVITIES**

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Steal The Bacon**
- Egg Toss
- **Heads Shoulders** Knees Cones

#### **LUNCH**

#### **Rotations:**

- **Water Balloons**
- Ocean Foil **Painting**
- Swimming

### CAMP CLOSING & PM SNACK

Field Play **Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Banana Pops**
- **Hot Potato**
- Pizza Tag

#### LUNCH

#### **Rotations:**

- Apple Pie In A Cup
- Pasta Art
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

#### Craft

#### **WEDNESDAY**

Free Field Play

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

- **Wheatlands Park**
- Dion's Pizza 10:30-11:30

#### **LUNCH**

#### **Rotations:**

- Capture The Flag
- Fruit Waffle Cones
- **Swimming**

# CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### Rotations:

- **Junk Yard**
- Fruit Loop Art
- **Wheatlands** Park

#### LUNCH

#### **Rotations:**

- Twizzler Perler **Bead Craft**
- Wafflerita
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ **Activities** 

**Break into Groups** 

# CAMP OPENING & AM SNACK

#### **Rotations:**

- **Edible DNA** Model
- Veggie Stamping
- **Food Coloring**

#### LUNCH

#### **Rotations:**

- **Skittle Rainbow** Science Experiment
- Food Fuse Beads
- **Swimming**

# CAMP CLOSING & PM SNACK

Field Play

**Playground** 

Craft

WEEK OF: Aug 2-6



#### THIS WEEK AT THE Y

WEEKLY THEME: Staycation

**WEEK OF:** 

**August 9th-August 13th** 

**FIELD TRIPS & SPECIAL EVENTS:** 

On-Site:

**Friday: Blaster Bouncer** 

**CAMPERS & FAMILIES -**

This week we will be...

**Finishing Summer Strong!** 

#### **SITE HOURS**

7:00 AM-6:00 PM

#### **CONTACT US**

Director - Ashley Smith 720-292-0376

**Director - Monica Cherry** 

#### **VISIT US ONLINE**

https://www.denverymca.org/programs/youth-programs/summer-day-camp

#### WHAT TO BRING EVERYDAY

# MORNING ACTIVITIES 930—12:00

# AFTERNOON ACTIVITIES

# AFTER CAMP

#### **MONDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Floor Is Lava
- Solar Smores
- Canvas Art

#### **LUNCH**

#### **Rotations:**

- Look Up Look
   Down
- Silent Ball
- Swimming

#### CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **TUESDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Mini Finger
   Skateboard
- Minute To Win It
- Kick The Can

#### **LUNCH**

#### **Rotations:**

- Craft
- Uno Card Work
   Out
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **WEDNESDAY**

**Free Field Play** 

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Water Color
   Paint
- Color Me Mini Buckets
- Soccer

#### LUNCH

#### **Rotations:**

- Capture The Flag
- Hula Hoop Rock Paper Scissors
- Swimming

#### CAMP CLOSING & PM SNACK

**Field Play** 

**Playground** 

Craft

#### **THURSDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

- Superhero Mask
- Color Me Showings
- Emoji Fuse Bead

#### LUNCH

#### **Rotations:**

- Carnival
  - Bookmark
- Bingo
- Swimming

#### CAMP CLOSING & PM SNACK

Field Play

Playground

Craft

#### **FRIDAY**

Free Field Play

Small Group Games/ Activities

**Break into Groups** 

#### CAMP OPENING & AM SNACK

#### **Rotations:**

**Blaster Buster** 

**Water Course** 

Bring your swimsuit and a towel!

#### **LUNCH**

**Rotations:** 

Blaster Buster

**Water Course** 

#### CAMP CLOSING & PM SNACK

Field Play

**Playground** 

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Craft

WEEK OF: Aug 9-13