



# ALWAYS HERE FOR OUR COMMUNITY

THE YMCA'S COMMUNITY IMPACT DURING COVID-19



As we have done for over 145 years, the YMCA of Metro Denver responded to the needs of our community in 2020 as we faced the COVID-19 crisis. In March, we closed all of our YMCAs and cancelled our programs. Then, we quickly launched a response to meet our community's greatest needs.

With the support of our donors, we shifted our energy and resources to provide emergency services including:

## EMERGENCY CHILD CARE FOR ESSENTIAL WORKERS

As our brave first responders fought the pandemic on the front lines, we cared for their children with free emergency child care.

"It was important for me to be able to rely on the Y because I know they are teaching my kids to care for one another, care for friends, be kind and are learning good values." – Arian Hilsendager, nurse practitioner, mom to Ryden and Reese

## FOOD DISTRIBUTION

As Colorado's unemployment numbers rose to 11%, the Y did our part to meet basic human needs by distributing fresh, nutritious food to those experiencing food insecurity across the metro area.

## WELLBEING CHECKS ON SENIORS

Knowing our seniors were at a higher risk for contracting COVID-19 and feeling isolated while away from their Y family, we made wellness calls and set up virtual opportunities for them to feel connected and cared for through the weeks and months.

Throughout 2020, the Y continued to support our members and community. We are grateful to our donors and members for their generosity!



**222,136 lbs**  
of free food distributed  
to help 23,114 people



**170 kids**  
of essential workers per  
day in emergency childcare



**5,300+ calls**  
to members, including seniors,  
to prevent isolation



**2,286 lives saved**  
through blood donations at  
drives hosted at the YMCA