2021 SUMMER DAY CAMP (a) Anthem June 7th-11th



THIS WEEK AT THE Y

Campers & Families—
Welcome to the YPlease have your child prepared each
day with 2 snacks, water bottle, sack
lunch, and sunscreen.
T-shirts can be picke dup the first day
of camp

FIELD TRIPS & SPECIAL EVENTS

Monday-Swimming-1-3

Tuesday—Mad about Hoops on site @ 10am
Thursday—Jump a bunch—fun in the sun
Friday – Swimming 1–3
Please pack swim suit, towel, sun-screen & extra clothes!

SITE HOURS

7:00 AM-6:00 PM

CONTACT US

Director - Connie Young
Cyoung@denverymca.org

VISIT US ONLINE

https://www.denverymca.org/programs/youth-programs/summer-day-camp

WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
9:30—12:00

AFTERNOON ACTIVITIES

AFTER CAMP

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Fish Pond Crackers
- Zookeeper Tag
- 3. Get to know you Vine

LUNCH

Swimming 1 3 in groups

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Bee Pollen Tag
- 2. Serpentations 10-11
- 3. Word Search Safari

Mad about Hoops

LUNCH

- Marbled Animal Painting
- 2. Steal the Chicken
- 3. Animal Cracker Graphing

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. What Time is it Mr. Fox?
- 2. Color by Numbers Animals
- 3. Toilet Roll Bird Feeders

LUNCH

- 1. Safari Trail Mix
- 2. Animal Masks
- 3. Fox in the Hen House

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- Hungary Hippos
- 2. Cap Bugs
- 3. Safari Animal
 Search &
 Find
- 4. Jump A
 Bunch—fun
 in the sun

LUNCH

- 1. Sleeping Lions
- 2. Jungle Bingo
- 3. Rainsticks

M SNACK CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Animal Yoga
- 2. Jungle Tree Build
- 3. Elephant Toothpaste

LUNCH

- 1. Jungle Book Hanger
- 2. Salt Water/ fresh Water Experiment
- 3. Swamp Ball
- 4. Swimming 1-3 in Groups

CAMP CLOSING & PM SNACK

2021 SUMMER DAY CAMP (a) Anthem—June 14th— 18th



THIS WEEK AT THE Y

Campers & Families-

This week we will be Colo-RAD-O themed! Students will explore and learn more about this amazing state and themselves through STEAM, gym and food related activities.

FIELD TRIPS & SPECIAL EVENTS

Monday-Swimming 1-3

Tuesday – Sweet Cow Thursday Serpentations

Friday – Swimming 1–3
Please pack swim suit, towel, sunscreen & extra clothes!

SITE HOURS

7:00 AM-56:00 PM

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
9:30—12:00

AFTERNOON ACTIVITIES

AFTER CAMP

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Name Art
- 2. Sticky Note Expectations
- 3. Beach Ball Get to Know You

LUNCH

Swimming 1 3

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Sweet Cow
- 2. Sponge Tic Tac Toe
- 3. Rock Paper Scissors Tag
- 4. Crumpled Paper Art

LUNCH

- 1.Cross if You Can
- 2. Piece of Me Craft

CAMP CLOSING & PM SNACK Highs & Lows Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Cup Stack Challenge
- 2. Goal Setting Painting
- 3. Creative Movement Maze

LUNCH

- 1. Self Portrait
- Friendship Wheel
- 3. Balloon Cup Challenge

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Color Coded Q & A
- 2. Growth
 Mindset
 Posters
- 3. Freezer Tag
- 4. Serpentations

LUNCH

- Decorate a Cookie
- 2. Bouncy Ball Track Challenge
- 3. Get to Know You Sculpture

CAMP CLOSING & PM SNACK Highs &

Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Toilet Paper Ice Breaker
- 2. Roll the Dice, Break the Ice
- 3. Traffic Jam

LUNCH

Swimming 1 3

CAMP CLOSING & PM SNACK

2021 SUMMER DAY CAMP (a) Anthem—June 21st—25th



THIS WEEK AT THE Y

Campers & FamiliesThis week we will be Splashing'into Summer with water-themed
Activities all week!
Please bring a towel, swimsuit and extra clothes each day this week.

FIELD TRIPS & SPECIAL EVENTS

Monday—swimming 1-3
Wednesday—Rent a Theme
Thursday Activate indoors—off site
field trip

Friday – Swimming 1–3
Please pack swim suit, towel, sunscreen & extra clothes!

SITE HOURS

7:00 AM-6:00 PM

CONTACT US

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
930—12:00

AFTERNOON ACTIVITIES

AFTER CAMP 4:00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Fill the Buck-
- 2. Bubble Foam
- 3. Fruit Salad

LUNCH

1. Swimming

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Sweet Cow on site
- 2. Nature Walk & Art
- 3. Sponge Relay
- 4. Foil Boat Experiment

LUNCH

- 1. Solar Oven
- 2. Solar Oven
 Smores
- 3. Water Wars

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Salt Dough Starfish
- 2. Beach Ball Relay
- 3. Firefighter Relay
- 4. Rent a them

LUNCH

- 1. Beach Bingo
- 2. Berry Lemonade Popsicles
- 3. DIY Spray Chalk

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field trip to Activate Indoors Activies— OFF site—bus leaes at 930 all camper on site at 900 am—return at 100 PM

LUNCH

- Sponge Target Toss
- 2. Craft Stick
 Smores
- 3. Bottle Diver

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Puffy Paint Ice Cream
- 2. Silly Bananas
- 3. Build a Stream

LUNCH

1. swimming

CAMP CLOSING & PM SNACK

2021 SUMMER DAY CAMP (a) Anthem—June 28th—July 2nd



THIS WEEK AT THE Y

Campers & FamiliesThis week is Fungineers week!

We will be exploring science, engineering, technology & math through fun filled activities and field trips

FIELD TRIPS & SPECIAL EVENTS

Monday— swimming— 1-3 Wednesday—Adventure Golf and Raceway— OFF site Field trip Thursday— Rent a theme—on site

Friday – Swimming 10–12
Please pack swim suit, towel, sunscreen & extra clothes!

SITE HOURS

7:00 AM-6:00 PM

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
9:30—12:00

AFTERNOON ACTIVITIES

AFTER CAMP 4:00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Toothpick Pyramid
- 2. Bucket Brigade
- 3. Word Dig

LUNCH

1. Swimming

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Giant Bubbles
- 2. Leaning Tower of Cups
- 3. Rainbow in a Cup

LUNCH

- 1. Air Flow Game
- 2. Sunscreen Painting
- 3. DIY Bouncy Ball

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

OFF site Field trip -

Adventure Golf and Raceway leave at 930 AM all campers be there by 900 AM return at 100 PM

LUNCH

- 1. Create a fossil
- 2. Edible DNA
- 3. Water Pollution Challenge

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Toothpick Tower
- 2. Message Relay
- 3. Paper Kite
- 4. Rent a theme

LUNCH

- Grow a Crystal
- 2. Water Wheel
- 3. Dirt Cake in a

 Cup

CAMP CLOSING & PM SNACK

> Highs & Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Cookie Excavation
- 2. Hunter/ Gather
- 3. Mud Painting

LUNCH

1. Swimming

CAMP CLOSING & PM SNACK

2021 SUMMER DAY CAMP (a) Anthem July 6th—9th



THIS WEEK AT THE Y

Campers & FamiliesThis week is Holidaze! We are all about Holiday in the Sun and fun!

Reminder! 4th of July Holiday Observed! No Care Monday July 5th!

FIELD TRIPS & SPECIAL EVENTS

Monday-Holiday No Care! See you Tuesday!

Tuesday-Warrior Challenge off site field trip

Wednesday-Jump a bunch Olympics Friday - Swimming 10-12

Please pack swim suit, towel, sunscreen & extra clothes!

SITE HOURS

7:00 AM-6:00 PM

CONTACT US

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WHAT TO BRING EVERYDAY

WEDNESDAY MONDAY TUESDAY THURSDAY Drop Off & Drop Off & PRE-CAMP 7:00-9:00 **Drop Off & Drop Off &** Centers Centers Centers Centers CAMP OPENING & AM SNACK Field Trip to Ad-Holiday! No 1. Flower Lei 1. Chick Rockventure Golf and **Care Today! MORNING ACTIVITIES** ets raceway leave at 2. Sun Tea 930 AM-all See you 2. Egg Toss 3. Kakamora vs campers at site Tuesday! Kakamora Rent a by 900 AM- re-**Theme** turn at 100 PM LUNCH LUNCH LUNCH **LUNCH AFTERNOON ACTIVITIES** Holiday! No 1. Pinwheels

Care Today 1 See you Tuesday!

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

- 1. Lemon Volcano
- 2. Shadow **Drawing**

CAMP CLOSING & PM SNACK Highs & Lows Pick Up

2. Mad Libs

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

- Marble Eggs
- 2. Salt Egg **Painting**
- 3. Pin the Tail on the Bunny

CAMP CLOSING & PM SNACK Highs & Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Treasure Hunt
- 2. Bird Kite
- 3. Island

LUNCH

Swimming 100-300

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

AFTER CAMP

2021 SUMMER DAY CAMP (a) Anthem–July 12–16th



THIS WEEK AT THE Y

Campers & FamiliesThis week is Y Camp Throw
Down. Be prepared to run and play in
the sun and have some friendly competition.

FIELD TRIPS & SPECIAL EVENTS

Monday—swimming
Tuesday—Kids create—on site
Wednesday—Loveland laser tag—Off
site field trip
Friday – Swimming
Please pack swim suit, towel, sunscreen & extra clothes!

SITE HOURS

7:00 AM-6:00 PM

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
930—12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP 4,00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Team Name & Banner
- 2. Team Cheer
- 3. 2 Truths & a Lie

LUNCH

Swimming –100-

300

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Kids Create on site field trip

LUNCH

- 1. Football Throw
- 2. Beach Ball Relay
- 3.Spirit Bracelets

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Field trip to
Loveland Laser
Tag- Leae at
1000AM- all
campers at camp
by 930AMreturn by 300
PM

LUNCH

1. Field trip at Loveland Laser tag return by 300 PM

CAMP CLOSING & PM SNACK

Highs & Lows Pick Up

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Soccer
- 2. Stack Attack
- 3. Wheel Barrow Race
- 4. Fill the Bucket
- 5. Parachute Games
- 6. Team Bucket Challenge

LUNCH

- 1. Recycled Derby Car Build
- 2. Recycled Derby Race

CAMP CLOSING & PM SNACK Highs & Lows Pick Up

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Limbo
- 2. Spoon Relay
- 3. Household Item Challenge
- 4. Twister
- 5. Sack Race
- 6. Muddy Buddy Mix

LUNCH

Swimming 100– 300

CAMP CLOSING & PM SNACK

2021 SUMMER DAY CAMP (a) Anthem – July 19th–23rd



THIS WEEK AT THE Y

Campers & Families-

This week is You'Re Bacon Me Crazy. This week is all about Food! We will be doing activities about food our local agriculture and talking with a our very own YMCA Dietician to learn about ways to eat healthy!

FIELD TRIPS & SPECIAL EVENTS

Monday-swimming
Tuesday-Konalce on site
Thursday-The Summit-Off
site Field trip
Friday - Swimming

SITE HOURS

7:00 AM-6:00 PM

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cyoung@denverymca.org

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
9:30—12:00

AFTERNOON ACTIVITIES

AFTER CAMP 4:00-5:00

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. My Plate
- 2. My Plate Lunch Box
- 3. Food Sort Relay

LUNCH

1. Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Humpty Dumpty's Wall
- 2. Fruit Salad Game
- 3. Marshmallow Shooter
- 4. Kona Ice- On site field trip

LUNCH

- 1. Food Search
- 2. Marshmallow Painting
- 3. Noodle Necklace

CAMP CLOSING & PM SNACK Pick Up & Centers

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Paper Fortune Cookies
- 2. Grape Sculptures
- 3. Steal the Chicken

LUNCH

- 1. Lemon Volcano
- 2. Rock Candy DIY
- 3. Marshmallow Structures

CAMP CLOSING & PM SNACK

Pick Up & Centers

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

1. Off site Field trip- The Summit Leave at 1000AM - all campers on site by 930 AM- return by 115 PM

LUNCH

- 1. Celery Stamping
- 2. Frozen
 Bana-nas
- 3. Silly Bananas

CAMP CLOSING & PM SNACK

Pick Up & Centers

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Kids create art with food

LUNCH

Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers

2021 SUMMER DAY CAMP (a) Anthem—July 26th—30th



THIS WEEK AT THE Y

Campers & Families-

This week is Artastic! We will explore the different ways we can be artistic and creative through drama, music, dance and painting activities

FIELD TRIPS & SPECIAL EVENTS

Monday-Swimming
Tuesday-Imagine arts academy—on
site
Wednesday-Denver Museum of Nature and Science
Friday-Swimming

SITE HOURS

7:00 AM-6:00 PM

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
930—12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Design Your Bookmark
- 2. Oat Dough
- 3. Night at the Museum

LUNCH

1. Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- Imagine arts academy— on site field trip
- Shadow Puppets
- 3. Puppet Show
- 4. Mad Libs

LUNCH

- 1. Freeze Dance
- 2. Charades
- 3. Pendulum Painting

CAMP CLOSING & PM SNACK

Pick Up & Centers

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

Denver Museum of Nature and Science –Leave at 930 AM– all campers on site at 900 AM– return by 200 PM

LUNCH

- 1. Musical Chairs
- 2. Rain Cloud in a Jar
- 3. Telephone

CAMP CLOSING & PM SNACK

Pick Up & Centers

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- Fizzing Rainbow
- 2. Freeze Dance
- 3. Chalk Art

LUNCH

- 1. Sock Buddies
- 2. Floating M&M's
- 3. Simon Says & Mimic Me

CAMP CLOSING & PM SNACK

Pick Up & Centers

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Indoor Scavenger Hunt
- 2. Virtual

 Dance Lesson

LUNCH

1. Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers

2021 SUMMER DAY CAMP

@ Anthem-August 2nd-August 6th



THIS WEEK AT THE Y

Campers & Families-

This week is H2 Oh Yeah. Our last week is all about staying cool.

There will be at least one water play activity each day so please have a swimsuit and towel and a change of clothes for each day this week.

FIELD TRIPS & SPECIAL EVENTS

Monday— swimming
Tuesday— H2Obrien swim park
Wednesday— Youth on the go— on site
field trip
Friday— Swimming

SITE HOURS

7:00 AM-6:00 PM

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WHAT TO BRING EVERYDAY

MORNING ACTIVITIES
930—12:00

AFTERNOON ACTIVITIES
1:00-3:30

AFTER CAMP

MONDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1.Water Color Sea Shell
- 2.Towel Toss
- 3.Blooming Flowers

LUNCH

Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers

TUESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

H2Obrien Pool

All campers on sit by 900

Bus Departs 9:30

Returns 2:30pm

LUNCH

H2O' Brien pool

CAMP CLOSING & PM SNACK

Pick Up & Centers

WEDNESDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Origami Fish
- 2. Sponge Tag
- 3. Obleck
- 4. Youth on the go- on site field trip

LUNCH

- 1. Water Balloon Baseball
- 2. Storm Cloud Art
- 3. Bubble Painting

CAMP CLOSING & PM SNACK

Pick Up & Centers

THURSDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Apple Fruit "Donuts"
- 2. Hurricane House
- 3. Water Bottle Sprinkler

LUNCH

- 1. Drip Drip Drop
- 2. Water Balloon Soccer
- 3. Watermelon Shaved Ice

CAMP CLOSING & PM SNACK

Pick Up & Centers

FRIDAY

Drop Off & Centers

CAMP OPENING & AM SNACK

- 1. Wind Spirals
- Paper Bag Jellyfish
- 3. Water Drop Race

LUNCH

Swimming 100-300

CAMP CLOSING & PM SNACK

Pick Up & Centers