

C O N N E C T I O N . I N S P I R A T I O N . TRANSFORMATION .

2018 Annual Report

YMCA OF METRO DENVER



CREATING A BETTER WORLD FOR ALL

It's been our commitment for over 140 years. The YMCA of Metro Denver is here for all, dedicated in every way to helping everyone reach their fullest potential. In 2018, we continue to lead innovative programs and services that move the needle on some of the greatest areas of need in metro Denver: Disparity, chronic disease, social isolation, and disconnection. We are embedded throughout the community, uniquely positioned to help address inequity and social determinants of health:

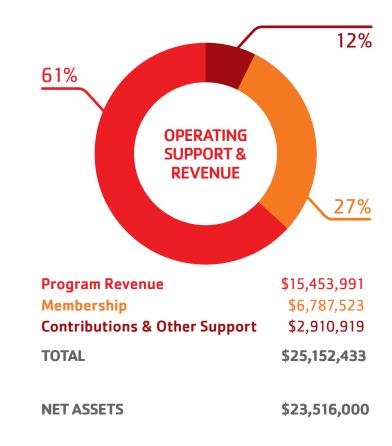
CLOSING THE ACHIEVEMENT GAP.

This year we expanded academic programs for children in underserved communities. Through Power Scholars Academy[™] and Before & After School Care, the Y improves education readiness and increases school success.

SAVING LIVES. In 2018, nearly 4,000 people came to the Y to overcome their fear of water and learn the life-saving skill of swimming. The Y is reducing drowning rates by making access to swim lessons, swim teams, and Safety Around Water available to all.

ENDING ISOLATION. Loneliness can contribute to stress and sleeping disorders, cardiovascular disease, high blood pressure, and other life-threatening problems, and the elderly are especially vulnerable. This year, the Y again brought people together – including over 6,100 seniors – to reduce social isolation and improve overall health.

Our work in 2018 focused on these strategic areas and more to make our community a better place for all. As always, we thank our donors, volunteers, members and guests for their commitment and support. Together, we are transforming lives and building healthy spirit, mind, and body for all.



MEASURABLE, POSITIVE IMPACT: In 2018, lives and communities were transformed through the YMCA.

2,050 STUDENTS improved their academic success in YMCA Out of School Time

11,352 KIDS learned teamwork and confidence through YMCA sports

358 INDIVIDUALS fought disease through the Y's Diabetes Prevention Program

30 REFUGEES started careers at the YMCA, creating safe new lives for their families

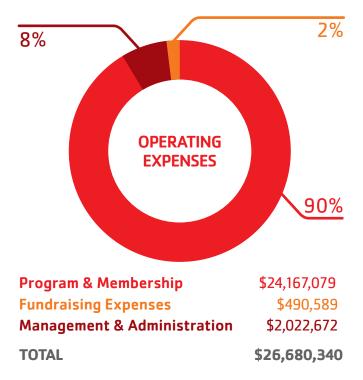


CONNECTION. Through the Y's strategic focus on integration and support for refugees, immigrant children experience the fun and safety of Y day camp as their families make a new homes in America.



INSPIRATION. Misha had a life-long fear of water she didn't want to pass on to her kids. Through aquatics instruction, now they're splashing and playing, and Misha has been inspired to take lessons herself.

AUDITED 2018 FINANCIALS





TRANSFORMATION. Keith says the Y helped him walk again, and made him a better person. "The Y gave me my life back," he says. "I never had anybody believe in me like that or give me that kind of support."