

## **2022 SUMMER DAY CAMP THEMES AND DESCRIPTIONS**

### **THIS IS WHERE | I have fun, make friends, explore, grow and belong.**

During each week of camp at the YMCA of Metro Denver, your child becomes healthier, more confident and well-rounded to live a happy, fulfilled life.

### **THIS IS WHERE FUN REACHES NEW HEIGHTS.**

**5280:** Want to elevate everything that's awesome about summer? Join us for this week of reaching new peaks of adventure in activities and experiences that take advantage of the beauty of Colorado. By investigating historic Denver sites and local hiking trails, kids learn to be curious while respecting the outdoors.

### **THIS IS WHERE WE DIVE INTO NEW EXPERIENCES.**

**Tidal Wave:** Come catch a wave with us! During this wet and wonderful week, kids discover all components of water fun. Camp takes us to indoor or outdoor pools and open water reservoirs where kids gain confidence, challenge themselves, sharpen their skills and practice teamwork as the whole group encourages and cheers for every camper.

### **THIS IS WHERE WE CELEBRATE WHAT MAKES US UNIQUE.**

**Rocking the Holidays in July:** This special week of camp is an exciting learning experience where campers discover all kinds of holidays and celebrations. In this week's camp, we're fueling tomorrow's leaders and change-makers helping them become more aware of the ways we all are alike, and what makes us wonderfully unique. Together, we'll broaden horizons, and learn more about the traditions meaningful to our friends and community.

### **THIS IS WHERE WE DISCOVER OUR CREATIVE SIDES.**

**Superhero Training Camp:** During this week in camp, kids get to put learning, play and creativity to the test with the mission to save the YMCA! We'll fuel imaginations and encourage collaboration and discovery as campers work to create a captivating story about saving the YMCA camp from villains. Through dramatic role-playing of their superhero skills, kids are uncovering new talents and gaining confidence in this stretch-yourself learning experience.

### **THIS IS WHERE THINGS GET WILD.**

**Exploring the Wild:** It's a roaring fun time at camp where kids will learn all kinds of amazing things about creatures from bears to bugs to reptiles. It's adventuresome fun with a science and biology lesson along the way. At the

zoo, animal sanctuary or Dinosaur Ridge, we'll welcome live animal presentations. As our campers learn fun facts about the wild, they'll also discover the characteristics they share with animals including bravery, determination, teamwork and patience.

#### THIS IS WHERE WE COOK UP NEW FRIENDSHIPS.

**You're Bacon Me Crazy:** This is a deliciously fun way for campers to learn some great life skills, discover the importance of nutrition, and get hands-on cooking experience. Kids join in interactive demonstrations to create delicious and nutritious snacks with tips from our YMCA nutrition staff for easy-to-follow instruction on measurement, cooking time and more. In experimenting this week, kids are expanding their palates and trying new things to become well-rounded foodies.

#### THIS IS WHERE WE FIND THE PURE JOY OF CHILDHOOD.

**Fun in the Sun:** The best thing about the summer is fun with friends and this week is complete with all the best outdoor games. Campers will practice strategy and perfect their aim and throw in cornhole, flip cup, giant Jenga and Connect Four, horseshoes, dunk tank and much more. While they're laughing and strategizing about how to win at games, they'll also be making new friends, gaining self-esteem and confidence, discovering new skills and creating a lifetime of memories.

#### THIS IS WHERE LEARNING GOES DEEPER.

**JAWsome:** This week's adventure has our campers exploring underwater animals and ecosystems with a marine biologist at the aquarium. They'll learn how these animals are different from mammals and what makes them special but also the importance of our oceans and how, as future leaders, today's campers can be good global stewards. The week wouldn't be complete without swimming and fun water activities with friends!

#### THIS IS WHERE GOOD SPORTSMANSHIP IS CELEBRATED.

**Y Game On:** While the Y is known for our great sports and games, this camp also focuses on teaching camper's life lessons as they take part in fun and friendly competitions. Designed for all skill and play levels, this camp week helps kids learn the importance of sportsmanship and how to be a great teammate. Kids are encouraged to stretch outside of their comfort zone to try new things and get their bodies and minds moving in a variety of activities like obstacle courses, kickball and more, all while taking part in friendly competition.

#### THIS IS WHERE WE'RE CELEBRATING THE BEST OF SUMMER.

**Summer Rewind:** Summer's coming to a close and we're making it count. To celebrate the friendships formed and experiences made, campers create

their own memory boards and friendship bracelets and join in friendly talent shows and karaoke performances. Everyone cheers for every act, all talents are celebrated and campers gain an enormous sense of pride. We top it all off with the perfect end-of-summer water slide and dunk tank.

### **THIS IS WHERE TALENT IS ON STAGE.**

**YMCA Mic Drop:** This is the week where dancing, singing and musical abilities are spotlighted. Whether it's learning a popular group dance, exploring your inner rock or country superstar song-writing creativity, or creating short dance videos with friends, campers are flexing and stretching their imaginations. Basking in the limelight instills confidence but also an appreciation for musical talent and the (sometimes hidden) talents of our friends!