





Membership Options at the YMCA of Metro Denver

The YMCA is a place to get healthy, have fun and connect with friends and family. We are a welcoming place - beyond work and home - where all people feel they can be their true selves, achieve health and wellness and connect with their community. Discover the perfect YMCA membership to meet your goals and your budget. Through the generosity of our donors, YMCA financial assistance is available for all memberships and programs.

Y-STARTER		Y-PREMIUM		
INCLUDES:		INCLUDES:		
<ul style="list-style-type: none"> ✓ Equipment (EGYM not included) ✓ Pool ✓ Free personalized sessions with nutritionist, wellness coach, equipment orientation ✓ Fitness App with challenges, workouts and a supportive digital community ✓ Access to all YMCA of Metro Denver locations ✓ Complimentary access to Virtual Y & Y360 with 1500+ virtual classes and programs ✓ Member savings on YMCA programs like Personal Training, Art Classes, Swim Lessons, Nutrition, Camp, Sports, Cooking + More 		<ul style="list-style-type: none"> ✓ Equipment + the latest smart EGYM equipment ✓ Pool ✓ Free personalized sessions with nutritionist, wellness coach, equipment orientation ✓ Fitness App with challenges, workouts and a supportive digital community ✓ Fitness Classes ✓ Member savings on YMCA programs like Personal Training, Art Classes, Swim Lessons, Nutrition, Camp, Sports, Cooking + More ✓ Early registration on Y programs ✓ Access to YMCAs nationwide ✓ Free monthly seminars ✓ Free access to groups such as hiking, gardening, book club and other social clubs ✓ Complimentary access to Virtual Y & Y360 with 1500+ virtual classes and programs ✓ Y-Premium Household receives 2 hours of free child care while at the Y 		
<p>Download our free mobile app</p> <ul style="list-style-type: none"> • Faster check-ins • 1500+ workouts • Classes reservations • Join a fitness challenge • Free to all Y members 		<div style="display: flex; justify-content: space-around; align-items: center;">   </div>		
	Y-STARTER	Y-PREMIUM INDIVIDUAL	Y-PREMIUM COUPLE	Y-PREMIUM HOUSEHOLD
	Individual option only Ages 13+	Ages 13+	2 individuals (one must be 18+), same household	2 Adults + up to 6 dependents under age 23, same household
MONTHLY OPTION				
No long term contracts, cancel with 5-day notice before the next monthly draft, must stay active through one billing cycle	\$36	\$56	\$76	\$96
YEARLY OPTION TO SAVE MORE				
Save when you choose a yearly prepaid, non-refundable agreement	\$366 (Save \$66)	\$576 (Save \$96)	\$776 (Save \$136)	\$979 (Save \$173)
VIRTUAL Y & Y360	\$12.99/month			
Access to 1500+ live and on-demand videos + 3 visits a month to one of our 6 wellness centers				

DISCOUNTS: Corporate, Senior, Military and Single Parent discounts are **only available on monthly premium membership levels (not available for yearly option)**. Scholarships available for all membership types. One discount per account.