



# Uiniversity Hills - Schlessman YMCA

## Winter: Gym Schedule: Effective 11/4

Time	Mon	Tues	Wed	Thurs.	Fri	Sat	Sun
5:00am							
5:30am							
6:00am							
6:30am	Open gym 5:00am - 8:45am	Open gym 5:00am - 8:45am	Open gym 5:00am - 8:45am	Open gym 5:00am - 8:45am	Open gym 5:00am - 8:45am		
7:00am						Open gym 7:00am - 7:45am	
7:30am							
8:00am							
8:30am							
9:00am			Y-Academy Early Childhood PE time 8:50am - 10:00am			Group Exercise 7:45am - 10:30am	
9:30am							
10:00am	Group Exercise 8:50am - 11:45am			Group Exercise 8:50am - 11:45am	Group Exercise 8:50am - 11:45am		
10:30am		Group Exercise 8:50am - 1:15pm	Group Exercise 10:15am-11:45am				
11:00am							
11:30am							Open gym 9:00am - 2:00pm
12:00pm							
12:30pm							
1:00pm	Open Gym 12:00pm-3:30pm		OPEN GYM 12:00pm - 3:30pm	Open Gym 12:00pm - 3:25pm	Open gym 12:00pm - 3:25pm	Youth Sports 10:30am - 5:00pm	
1:30pm		Open Gym 1:30pm - 3:25pm					
2:00pm							
2:30pm							
3:00pm							
3:30pm		Youth Sports 3:30pm - 5:45pm		Youth Sports 3:30pm - 5:45pm			
4:00pm							
4:30pm							
5:00pm							
5:30pm					Youth Sports 3:30pm-8:00pm		
6:00pm	Youth Sports 3:30pm - 9:00pm	Group Exercise 5:45pm - 7:15pm	Youth Sports 3:30pm - 9:00pm	Group Exercise 5:45pm - 7:00pm			
6:30pm							
7:00pm							
7:30pm							
8:00pm		Youth Sports 7:15pm - 9:00pm		OPEN GYM 7:15pm - 9:00pm			
8:30pm							
9:00pm							

\* Gym Calendar is subject to change.