

# Dartmouth

SUMMER CAMP HOURS  
M-F 6:30 AM-6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK 1: 5/28-31  
Theme: BACK TO THE FUTURE

Camp Site  
Contact Information

SIERRA JONES  
720 630 0591  
sjones@denverymca.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT RELAY</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: BASKETBALL STATIONS, SQUIRRELS &amp; ACORNS, KEEP AWAY Group activity (GYM): FLASH CARD GRAB BAG, GRAB THE APPLE Craft: HOVERBOARD DESIGN</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: BASKETBALL: CONTINUOUS KNOCKOUT, 2 ON 1 Group Activity (GYM): OCTOPUS, MUSICAL HOOPS Craft: CUSTOMIZED DELOREAN</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u> <u>CASA BONITA</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u> <u>NICKLE A PLAY</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT RELAY</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FLAG FOOTBALL Group activity (GYM): STICK WITH ME, HOUDINI HOOPS Craft: DOC SHADES</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: FLAG FOOTBALL Group Activity (GYM): CAPTURE THE FLAG, STRENGTH AND EDURANCE CIRCUIT Craft: POWER LACE SHOES</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

Rotations are theme based activities that include  
Arts & Crafts, Games,  
Cooking, Science,  
Team Building, etc.

## Things to know this week

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Please Bring to Camp Everyday:

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

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SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

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WEEK 2: 6/3- 7

Theme: Colo- RAD- 0

**Camp Site  
Contact Information**

**Sierra Jones**  
720 630 0591  
sjones@denverymca.org



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Summer Day Camp 2019**

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<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT TOWER</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: KICK BALL, SOCCER MARBLES, SOCCER GOLF Group activity (GYM): FREEZE DANCE, FIT FUEL FUN Craft: CUSTOMIZED FLAG</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: KICKBALL, SOCCER HOOPLA, DRIBBLE KEEP AWAY Group Activity (GYM): 4 CORNERS, FIND A HOME Craft: WATERCOLOR MOUNTAIN SCENE</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>RED ROCKS</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>CENTENNIAL CENTER PARK</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>2:30</u></p> <p>2:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>DENVER ART MUSEUM</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>1:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION GROUP ACTIVITY</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT TOWER</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: SOCCER, DRIBBLE KEEP AWAY, SOCCER MARBLES Group activity (GYM): AEROBIC CIRCUIT Craft: PAPER PLATE MOUNTAIN CLIMBER</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: CAPTURE THE FLAG, 4 SQUARE, JUMP ROPING Group Activity (GYM): 3 POINT SHOOTOUT, CONTINUOUS KNOCKOUT Craft: PAINTED WATERFALL</p> <p>3:00- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

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WEEK 3: 6/10- 14

Theme: SPLASHIN' INTO SUMMER



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FOR SOCIAL RESPONSIBILITY

## Camp Site Contact Information

Sierra Jones  
720 630 0591  
sjones@denverymca.org

## YMCA of METROPOLITAN DENVER Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: TRAFFIC LIGHTS</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FRISBEE, FOOTBALL GOLF, 2 MINUTE DRILL Group activity (GYM): OCTOPUS, FIT FUEL FUN Craft: SUN CATCHER</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: FRISBEE, SOCCER GRAB BAG, KNOCKOUT Group Activity (GYM): SIMON SAYS, PERIMETER MOVE Craft: FELT POPSICLES</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>GREAT PLAINS PARK</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>2:30</u></p> <p>2:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>PIRATES COVE</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-1800 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>PAUL DERDA REC CENTER</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: TRAFFIC LIGHTS</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: KICKBALL, 2 MINUTE DRILL, FOOTBALL GRAB BAG Group activity (GYM): DUCK DUCK GOOSE, CARDIO CARDS Craft: RAINBOW BLOWERS</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: 4 ZONE FOOTBALL, SQUIRREL &amp; ACORNS, KEEP AWAY Group Activity (GYM): HOT POTATOE, CARDIO KICKBOXING Craft: JELLY FISH SUNCATCHER</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

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WEEK 4: 6/17- 21  
Theme: Y CAMP THROWDOWN

**Camp Site  
Contact Information**

**Sierra Jones**  
720 630 0591  
sjones@denverymca.org



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**YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: BASKETBALL, SOCCER MARBLES, 2 MINUTE DRILL Group activity (GYM): FREEZE TAG, MY PLATE MAKERS, FIND A HOME Craft: COWBOY BOOT</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: SOCCER HOOPLA, KNOCKOUT, FOOTBALL GRAB BAG Group Activity (GYM): FREEZE DANCE, MUSICAL HOOPS Craft: STICK HORSE</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>LOVELAND LASER TAG</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>3:30</u></p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING TEAM REFLECTION SNACK</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>AQUA VISTA SWIMMING POOL</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>4:00</u></p> <p>4:30-6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p style="text-align: center;"><u>FIELD TRIP</u> <u>MID AIR ADVENTURES</u></p> <p style="text-align: center;"><u>RETURN TO DARTMOUTH @</u> <u>3:30</u></p> <p>4:00-6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: SOCCER MANIA, BBALL STATIONS, FOOTBALL GOLF Group activity (GYM): ANIMAL CHA- RADES, BALL CHALLENGES Craft: WESTERN VEST</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: FRISBEE, SOCCER GOLF, CONTINUOUS KNOCKOUT Group Activity (GYM): CARDIO KICK- BOXING, 4 CORNERS, FIT FUEL FUN Craft: WILD WILD WEST CACTUS</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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# Dartmouth

SUMMER CAMP HOURS  
M-F 6:30 AM-6:00 PM

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WEEK 5: 6/24-28  
Theme: "FUN" gineers

**Camp Site  
Contact Information**

**Sierra Jones**  
720 630 0591  
sjones@denverymca.org



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M-F 6:30 AM-6:00 PM

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WEEK 6: 7/1-5  
Theme: HOLIDAZE

**Camp Site  
Contact Information**

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WEEK 7: 7/8- 12  
Theme: WORK HARD! PLAY HARD!

**Camp Site  
Contact Information**

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Summer Day Camp 2019

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<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FLAG FOOTBALL, 2 MINUTE DRILL, FOOTBALL GRAB BAG Group activity (GYM): CHARADES, GRAB THE APPLE, 4 CORNERS Craft: KITES</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: JUMP ROPING, 4 SQUARE, PARTNER WALK/ JOG/ TALK Group Activity (GYM): BOARD GAMES &amp; LEGOS Craft: CUPCAKE LINER FLOWERS</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>DEFY SPORTS</u></p> <p><u>RETURN TO DARTMOUTH @ 2:30</u></p> <p>3:00-4:00 TEAM REFLECTION SNACK</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>PARKLANESWIMMING POOL</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30- 6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>OUTLAWS GAME</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FRISBEE, 4 SQUARE, FIGURE 8 WALK JOG Group activity (GYM): BOARD GAMES &amp; LEGOS Craft: PAPER PLATE FAN</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: JUMP ROPING, 4 SQUARE, CONTINUOUS KNOCKOUT Group Activity (GYM): DUCK DUCK GOOSE, MUSICAL HOOPS Craft: SPINNER TOY</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

Welcome to camp! Please make sure children are at Dartmouth Elementary by the listed time for all field trips. We will not wait for late students. Don't forget to label your child's belongings and to check lost and found at the end of each day. Please let us know if you have any questions.

Please Bring to Camp Everyday:

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

# Dartmouth

SUMMER CAMP HOURS  
M-F 6:30 AM-6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK 8: 7/15- 19  
Theme: T.H.O.R

## Camp Site Contact Information

Sierra Jones  
720 630 0591  
sjones@denverymca.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA of METROPOLITAN DENVER Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: TRAFFIC LIGHTS</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FRISBEE, PARTNER WALK/JOG/TALK, JUMP ROPING Group activity (GYM): MUSICAL CHAIRS, 4 CORNERS, Craft: SUPERHERO CUT OUTS</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: JUMP ROPING, 4 SQUARE, CONTINUOUS KNOCKOUT Group Activity (GYM): 3 POINT SHOOTOUT, FIT FUEL FUN Craft: PERSONALIZED SHIELD</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>SKATE CITY</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30-4:00 TEAM REFLECTION SNACK</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>CENTRAL PARK REC CENTER/ SPLASH PAD</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30- 6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>MIZEL MUSEUM</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: TRAFFIC LIGHTS</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: SQUIRRELS &amp; ACORNS, BBALL STATIONS, KEEP AWAY Group activity (GYM): STICK WITH ME, GRAB THE APPLE, HOUDINI HOOPS Craft: SIUPERHERO MASK</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: JUMP ROPING, FOOT-BALL GOLF, 4 SQUARE Group Activity (GYM): CARDIO KICK-BOXING, PERIMETER MOVE Craft: SUPERHERO CAPE</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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# Dartmouth

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK 9: 7/22- 26

Theme: YOU'RE BACON ME CRAZY!

## Camp Site Contact Information

Sierra Jones  
720 630 0591  
sjones@denverymca.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA of METROPOLITAN DENVER Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT RELAY</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: BASKETBALL STATIONS, SOCCER MARBLES, FOOTBALL GOLF Group activity (GYM): TRIVIA, FREEZE DANCE Craft: PAPER PLATE DONUT</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: FRISBEE, AEROBIC CIRCUIT, 4 SQUARE Group Activity (GYM): SIMON SAYS, DUCK DUCK GOOSE Craft: TISSUE PAPER WATERMELON</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>CICIS PIZZA</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30-4:00 TEAM REFLECTION SNACK</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>PIRATES COVE</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30- 6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u></p> <p><u>BENIHANA'S</u></p> <p><u>RETURN TO DARTMOUTH @ 3:00</u></p> <p>3:30- 4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: HULA HUT RELAY</p> <p>10:00-12:00 1ST HALF ROTATIONS Outside sport: FLAG FOOTBALL, SOCCERMANIA, JUMP ROPING Group activity (GYM): FLEXIBILITY CIRCUIT, FLASH CARD GRAB BAG, 4 CORNERS Craft: PAPER PLATE PIZZA</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS Outside sport: JUMP ROPING, 4 SQUARE, SOCCER HOOPLA Group Activity (GYM): OCTUPUS, GRAB THE APPLE, PERIMETER MOVE Craft: CUPCAKE LINER ICECREAM</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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# Dartmouth

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK 10: 7/29- 8/2

Theme: H2 OH YA!

**Camp Site  
Contact Information**

**Sierra Jones**  
720 630 0591  
sjones@denverymca.org



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<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS DARTMOUTH GAMES! Outside Activity: RELAY RACES, PARTNER WALK/JOG/TALK Group Activity: OBSTACLE COURSE RACES, BASKETBALL STATIONS Craft: STARFISH</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS DARTMOUTH GAMES! Outside Activity: RELAY RACES, PARTNER WALK/JOG/TALK Group Activity: OBSTACLE COURSE RACES, DRIBBLE KEEP AWAY Craft: COFFEE FILTER PAINTING</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: FLASH DANCE</p> <p>10:00-12:00 1ST HALF ROTATIONS DARTMOUTH GAMES! OUTSIDE ACTIVITY: RELAY RACES, FOOTBALL GRAB BAG GROUP ACTIVITY: OBSTACLE COURSE RACES, 4 SQUARE Craft: WATER BALOON TOSS</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS DARTMOUTH GAMES! OUTSIDE ACTIVITY: RELAY RACES, 4 ZONE FOOTBALL GROUP ACTIVITY: OBSTACLE COURSE RACES, JUMP ROPING Craft: KRACKEN OCTOPUS</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 GYM FIELD TRIP PREP</p> <p>9:00-10:00 SNACK TEAM HUDDLE BUS PROCEDURES</p> <p><u>FIELD TRIP</u> <u>DEL MAR POOL</u></p> <p><u>RETURN TO DARTMOUTH @</u> <u>3:00</u></p> <p>3:30- 6:00 SNACK TEAM REFLECTION CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE</p> <p>10:00-12:00 1ST HALF ROTATIONS OUTSIDE SPORT: CONTINUOUS KNOCKOUT, 2 MINUTE DRILL, SOCCER MARBLES GROUP ACTIVITY: CARDIO KICKBOXING, FIT FUEL FUN, FLASH CARD GRAB BAG CRAFT: MR CRAB</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS OUTSIDE SPORT: JUMP ROPING, 4 SQUARE, KNOCKOUT GROUP ACTIVITY: PERIMETER MOVE, 4 CORNERS, CARDIO CARDS CRAFT: PAPERPLATE SEAHORSE</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>	<p>DROP OFF 6:30-9:30 Critical Thinking</p> <p>9:00-10:00 SNACK TEAM HUDDLE TEAM BUILDING: BIRTHDAY LINE UP</p> <p>10:00-12:00 1ST HALF ROTATIONS OUTSIDE SPORT: SOCCER HOOPLA, KNOCKOUT, FOOTBALL GRAB BAG GROUP ACTIVITY: BOARD GAMES &amp; LEGOS Craft: BUBBLE PAINTING</p> <p>12:00-1:00 LUNCH</p> <p>1:00-3:00 2ND HALF ROTATIONS OUTSIDE SPORT: 4 SQUARE, JUMP ROPING, PARTNER WALK/ JOG/TALK GROUP ACTIVITY: FREEZE TAG, 4 CORNERS, FLASH CARD GRAB BAG Craft: AQUARIUM</p> <p>3:00-4:00 SNACK TEAM REFLECTION</p> <p>4:00-6:00 CAMP PICKUP GYM/DRAWING/COLORING</p>

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