

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 1: May 28th-May 31st
Back to the Future
Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-8:45AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	8:45-9:15AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-10:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-10:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS The Toilet Paper Game Magnetic Robot Art This or That Camp Team Banners	9:15AM-2:30PM H2O'Brien Pool Leaves Promptly at 9:15AM Returns at 2:30PM	10:00AM-3:15PM Casa Bonita Leaves Promptly at 10:00AM Returns at 3:15PM	10:00AM-1:30PM Nickle-A-Play Leaves Promptly at 10:00AM Returns at 1:45PM	9:30-11:30AM ROTATIONS Moon Snack Red Solo Cup Stack Challenge Line Up Name Glyph
11:30AM-12:30PM LUNCH				11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE				12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Popsicle Stick Monsters Mingle Mingle Who Am I? Who Are You? Never Have I Ever	2:30-4:00PM SNACK GROUP GAMES/GYM	3:15-3:45PM SNACK	1:45-3:00PM GROUP GAMES	1:00PM-3:00PM ROTATIONS Alien Parfait Dragon Tails Pass the Clap Stand Up Sit Down
3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	3:45-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICKUP	3:30-4:30PM CAMP CLOSING Journals, Reading	3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP			4:30-6:00PM FREE TIME/CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based
activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

5/28 Bring Swimwear and Change of clothes

5/29 No lunch needed we will eat at Casa Bonita

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 2: June 3rd- June 7th

Colo-RAD-o

Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-8:30AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-11:15AM CAMP OPENING/ SNACK/GAMES Core Values & Expectations & Bus Procedures	9:00-9:15AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Colorado History Colorado Flag Pin All About Colorado Flipbook Two-Legged Race	11:15AM-3:30PM Wheat Ridge Pool Leaves Promptly at 11:15AM Returns at 3:30PM	9:15AM-1:30PM History Colorado Center Leaves Promptly at 9:15AM Returns at 1:30PM	9:00AM-3:15PM Phoenix Gold Mine Leaves Promptly at 9:00AM Returns at 3:15PM	9:30-11:30AM ROTATIONS Colorado Trivia Game Colorado Stamp Coloring Page Red Rover Paper Plate Tic Tac Toe
11:30AM-12:30PM LUNCH				11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE	3:30-4:00PM SNACK	1:30-3:00PM GROUP GAMES	3:15-4:00PM SNACK	12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Mountain Rocks Colorado State Coin Coloring Mingle Mingle Freeze Tag	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	1:00PM-3:00PM ROTATIONS Mountain Cones Colorado Word Search Charades Team Cactus Design
3:00-3:30PM SNACK	4:30-6:00PM FREE TIME/ CAMP PICK UP	3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/CAMP PICKUP	3:00-3:30PM SNACK
		4:30-6:00PM FREE TIME/CAMP PICKUP		3:30-4:30PM CAMP CLOSING Journals, Reading
				4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

6/4 Bring Swimwear and Change of clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #3 June 10th- June 14th
 Splashin' Into Summer
 Age Group: 5-12

**Camp Site
 Contact Information**

Disha Briggs
 720-810-7294
 bbriggs@denverymca.org



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**YMCA of METROPOLITAN DENVER
 Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS DIY Sun Catcher 4 Corners Summer Bucket List Bingo Dragon Tails				9:30-11:30AM ROTATIONS Fish in a Bag Sharks and Minos Playground Tie Dye Coffee Filter
11:30AM-12:30PM LUNCH	9:45AM-3:30PM Pirate's Cove Leaves Promptly at 9:45AM Returns at 3:30PM	9:30-11:00AM GROUP GAMES	9:30AM-2:45PM Apex Rec Center Leaves Promptly at 9:30AM Returns at 2:45PM	11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE		11:00AM-5:00PM Rockies Game Leaves Promptly at 11:00AM Returns at 5:00PM		12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Jellyfish Craft Charades Board Games I Spyl	3:30-4:00PM SNACK		2:45-4:00PM SNACK GROUP GAMES	1:00PM-3:00PM ROTATIONS Ocean and Sand Pudding Cups Summer Acrostic Poem Balloon Tennis Jenga Challenge
3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	5:00-6:00PM CAMP CLOSING/FREE TIME CAMP PICKUP Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading				3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/ CAMP PICK UP		4:30-6:00PM FREE TIME/CAMP PICKUP	4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based activities that include
 Arts & Crafts, Games,
 Cooking, Science,
 Team Building, etc.**

Things to know this week

6/11 Bring Swimwear and Change of clothes

6/12 Students can bring money to purchase snacks at Game

**Please Bring to
 Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #4 June 17th- June 21st
Y-Camp Throwdown
Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

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6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-8:30AM CAMP DROP OFF Stations	6:30-8:45AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:45-9:15AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Guess the Leader Game Silent Leadership Cookie Face Game Ball Ball Where's the Ball	10:00AM-2:45PM Centennial Center Park Leaves Promptly at 10:00AM Returns at 2:45PM	9:00AM-12:45PM Mid-Air Adventures Leaves Promptly at 9:00AM Returns at 12:45PM	9:15AM-3:00PM H2O'Brien Pool Leaves Promptly at 9:15AM Returns at 3:00PM	9:30-11:30AM ROTATIONS Dice Balance Post It Note Challenge Impromptu Talent Show
11:30AM-12:30PM LUNCH				11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE				12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Human Knot Challenge Stress Balls Follow the Leader (outside) On the Nose	2:45-4:00PM SNACK GROUP GAMES	12:45-1:45PM LUNCH	3:00-4:00PM SNACK GROUP GAMES	1:00PM-3:00PM ROTATIONS Apple Donuts Yank Me Around Blow Me Away 4 Corners
3:00-3:30PM SNACK		1:45-3:30PM GROUP GAMES SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/CAMP PICKUP	3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/ CAMP PICK UP	4:40-6:00PM FREE TIME/CAMP PICK UP		4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

6/18 Bring Swimwear and Change of clothes

6/20 Bring Swimwear and Change of Clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #5 June 24th– June 28th

Fun-gineers

Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-8:30AM CAMP DROP OFF Stations	6:30-8:45AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:45-9:15AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Binary Code Bracelets Man Vs Clock (Sprinkle Challenge) Slap Happy Rubiks Cube Tournament	9:30-11:30AM GROUP GAMES	FIELD TRIP TBD	9:15AM-2:00PM Colorado Railroad Museum Leaves Promptly at 9:15AM Returns at 2:00PM	9:30-11:30AM ROTATIONS Design Snack Mix Machine Cup of Fun Body Part Mix Up Mother May I
11:30AM-12:30PM LUNCH	11:30AM-3:30PM WOW! Museum Leaves Promptly at 11:30AM Returns at 3:30PM	12:45-1:45PM LUNCH		11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE		1:45-3:30PM GROUP GAMES SNACK	2:00-4:00PM SNACK GROUP GAMES	12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Spaghetti Tower Challenge Wrap Around Red Light Green Light Freeze Dance	3:30-4:00PM SNACK	3:30-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	1:00PM-3:00PM ROTATIONS Build Snack Mix Machine Blindfold Bowling Color Paper Move Basketball (Gym)
3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICKUP	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading				3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICK UP			4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

6/26 Bring swimwear and Change of Clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #6 July 1st– July 5th

Holiday

Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6:30-9:00AM CAMP DROP OFF Stations</p> <p>9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations</p> <p>9:30-11:30AM ROTATIONS Independence Day Coasters Patriotic Bubble Wands Hula Ball Family Feud</p> <p>11:30AM-12:30PM LUNCH</p> <p>12:30-1:00PM OUTSIDE</p> <p>1:00PM-3:00PM ROTATIONS DIY American Flag Shaving Cream Fireworks Hands Down All Over</p> <p>3:00-3:30PM SNACK</p> <p>3:30-4:30PM CAMP CLOSING Journals, Reading</p> <p>4:30-6:00PM FREE TIME/ CAMP PICK UP</p>	<p>6:30-9:00AM CAMP DROP OFF Stations</p> <p>9:00-10:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures</p> <p>10:00AM-3:00PM APEX Rec Center Leaves Promptly at 10:00AM Returns at 3:00PM</p> <p>3:00-3:30PM SNACK</p> <p>3:30-4:30PM CAMP CLOSING Journals, Reading</p> <p>4:30-6:00PM FREE TIME/CAMP PICK UP</p>	<p>6:30-8:30AM CAMP DROP OFF Stations</p> <p>8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures</p> <p>9:15AM-2:45PM Adventure Golf and Raceway Leaves Promptly at 9:15AM Returns at 2:45PM</p> <p>12:45-1:45PM LUNCH</p> <p>1:45-3:30PM GROUP GAMES SNACK</p> <p>3:30-4:30PM CAMP CLOSING Journals, Reading</p> <p>4:30-6:00PM FREE TIME/CAMP PICK UP</p>	<p>NO CAMP HAPPY INDEPENDENCE HOLIDAY</p>	<p>6:30-9:00AM CAMP DROP OFF Stations</p> <p>9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations</p> <p>9:30-11:30AM ROTATIONS Star Spangled Slime Fireworks Ring Laundry Basket Ball 7-Up Game</p> <p>11:30AM-12:30PM LUNCH</p> <p>12:30-1:00PM OUTSIDE</p> <p>1:00PM-3:00PM ROTATIONS Patriotic Strawberry Shortcake Patriotic Blowers Say and Catch Keep Away</p> <p>3:00-3:30PM SNACK</p> <p>3:30-4:30PM CAMP CLOSING Journals, Reading</p> <p>4:30-6:00PM FREE TIME/CAMP PICKUP</p>

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

7/2 Bring swimwear and Change of Clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 7: July 8th-July 12th
Work Hard! Play Hard!
Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-8:30AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-11:00AM CAMP OPENING/ SNACK/GAMES Core Values & Expectations & Bus Procedures	8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-11:00AM CAMP OPENING/ SNACK/GAMES Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Hamper Hoop Basketball Hats Winter Olympics Yoga Paper Plate Sports Ball Dodgeball	11:00AM-3:15PM Wheat Ridge Pool Leaves Promptly at 11:00AM Returns at 3:15PM	9:00AM-1:30PM Jump Street Leaves Promptly at 9:00AM Returns at 1:30PM	11:00AM-2:15PM Outlaws Game Leaves Promptly at 11:00AM Returns at 2:15PM	9:30-11:30AM ROTATIONS Sports Themed Obstacle Course Pool Noodle Hockey Team Chant All Star Reading Pointers
11:30AM-12:30PM LUNCH				11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE				12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Big Foot Race Basketball Coffee Filter Sports Yoga Pool Noodle Baseball	3:15-4:00PM SNACK GROUP GAMES	1:30-3:30PM SNACK GROUP GAMES	2:15-4:00PM SNACK GROUP GAMES	1:00PM-3:00PM ROTATIONS Edible Olympic Medals Hand Sports Sign Verbs Relay Race Relay Race
3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	3:30-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICKUP	4:30-6:00PM FREE TIME/CAMP PICKUP	3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP				4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based
activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

7/9 Bring Swimwear and Change of clothes

7/10 Please Bring Socks to Jump

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #8 July 15th-July 19th

T.H.O.R.

Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs

720-810-7294

bbriggs@denverymca.org



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9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-11:00AM CAMP OPENING/ SNACK/GAMES Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Super Hero Bingo Hero Vs Villain Dodgeball Plank Paper Scissors Shoot Build your own Comic Book	9:45AM-2:45PM Denver Museum of Nature and Science Leaves Promptly at 9:45AM Returns at 2:45PM	9:30-3:00PM Hammonds Candies Leaves Promptly at 9:30AM Returns at 3:00PM	11:15AM-3:30PM Anderson Pool Leaves Promptly at 11:15AM Returns at 3:30PM	9:30-11:30AM ROTATIONS Design Your Super Hero Pin the Star on the Shield Superhero Trivia Super Hero FIT
11:30AM-12:30PM LUNCH				11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE				12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS DIY Hero Shields Super Hero Hop What is your SUPER POWER? IceBergs	2:45-4:00PM SNACK GROUP GAMES	3:00-4:00PM SNACK GROUP GAMES	3:30-4:00PM SNACK	1:00PM-3:00PM ROTATIONS Captain America Shield Bites Your Super Hero Name Design your Mask Tunnel Tag
3:00-3:30PM SNACK	4:00-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/ CAMP PICK UP	3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP				4:30-6:00PM FREE TIME/ CAMP PICK UP

**Rotations are theme based
activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

7/18 Please bring swimwear and change of clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #9 July 22nd– July 26th
You're Bacon Me Crazy
Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs
720-810-7294
bbriggs@denverymca.org



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Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-8:30AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	8:30-9:00AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations & Bus Procedures	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Pin the Tail on the Pig Drawing/Coloring Charades 4 Corners	9:30-11:30AM Board Games Back 2 Back Drawing	9:30AM- 12:00PM Dion's Pizzeria Tour Leaves Promptly at 9:30AM Returns at 12:00PM	9:30-11:15AM GROUP GAMES 11:15AM-3:30PM Anderson Pool Leaves Promptly at 11:15AM Returns at 3:30PM	9:30-11:30AM ROTATIONS Design Your Best Bacon Puzzles Jenga Building Blocks
11:30AM-12:30PM LUNCH	11:30AM-2:30PM Cici's Pizza Leaves Promptly at 11:30AM Returns at 2:30PM	12:00-1:00PM OUTSIDE		11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE				12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Steal the Bacon Game Blob Tag Friendship Bracelets Dragon Tails	2:30-3:30M OUTSIDE/SNACK	1:00-3:30PM GROUP GAMES SNACK	3:30-4:00PM SNACK	1:00PM-3:00PM ROTATIONS Chocolate Covered Bacon Melting Beads Turtle Tag Board Games
3:00-3:30PM SNACK		3:30-4:30PM CAMP CLOSING Journals, Reading	4:00-4:30PM CAMP CLOSING Journals, Reading	3:00-3:30PM SNACK
3:30-4:30PM CAMP CLOSING Journals, Reading	3:30-4:30PM CAMP CLOSING Journals, Reading	4:30-6:00PM FREE TIME/CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICKUP	3:30-4:30PM CAMP CLOSING Journals, Reading
4:30-6:00PM FREE TIME/ CAMP PICK UP	4:30-6:00PM FREE TIME/CAMP PICK UP			4:30-6:00PM FREE TIME/CAMP PICKUP

**Rotations are theme based
activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

7/23 and 7/24 No Lunch Needed

7/25 Bring swimwear and change of clothes

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Vista Peak

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK #10 July 29th-Aug 2nd

H2 OH Ya!

Age Group: 5-12

**Camp Site
Contact Information**

Disha Briggs

720-810-7294

bbriggs@denverymca.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations	6:30-9:00AM CAMP DROP OFF Stations
9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations	9:00-9:30AM CAMP OPENING/ SNACK Core Values & Expectations
9:30-11:30AM ROTATIONS Racing Water Drops Water Tag Tug of Water Hula Hoop Relay Race	9:30-11:30AM ROTATIONS Penny Water Drop Experiment Spaghetti Bowl Relay Memory Books Keep It Up Balloon	9:30-11:30AM ROTATIONS What Dissolves in Water Use Your Noodle 3 Legged Race Rain Drop Relay	9:30-11:30AM ROTATIONS Walking Water Experiment Fill the Bucket Water Balloon Baseball Water War	9:30-11:30AM ROTATIONS Water Balloon Baseball Fish For Marbles Over and Under Back 2 Back Water Balloon Dash
11:30AM-12:30PM LUNCH	11:30AM-12:30PM LUNCH	11:30AM-12:30PM LUNCH	11:30AM-12:30PM LUNCH	11:30AM-12:30PM LUNCH
12:30-1:00PM OUTSIDE	12:30-1:00PM OUTSIDE	12:30-1:00PM OUTSIDE	12:30-1:00PM OUTSIDE	12:30-1:00PM OUTSIDE
1:00PM-3:00PM ROTATIONS Oil and Water Exploration Water Painting Beach Ball Relay Race Melting Beads	1:00PM-3:00PM ROTATIONS DIY Lava Lamp Water Balloon Spoon Relay Memory Book Signing Color Tag	1:00PM-3:00PM ROTATIONS Water Gun Painting The Shark Bit my Cup Shaving Cream Balloon Fight Limbo	1:00PM-3:00PM ROTATIONS Super Soaker Sponge Balls Water Bucket Relay Duck Duck Splash Water Balloon Towel Toss	1:00PM-3:00PM ROTATIONS Target Practice Frozen T-Shirt Race Sponge Toss Cup of Chance
3:00-3:30PM SNACK	3:00-3:30PM SNACK	3:00-3:30PM SNACK	3:00-3:30PM SNACK	3:00-3:30PM SNACK
	3:30-4:30PM			3:30-4:30PM CAMP CLOSING Journals, Reading
				4:30-6:00PM FREE TIME/ CAMP PICK UP

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

All Activities this week will be on site. Wear clothes that can get wet all week!

7/30 Each camper Bring 2 old t-shirts to use on Wednesday and Friday

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes