TOGETHER,
WE CAN
DISCOVER MORE

2016 Impact Report
YMCA OF
METROPOLITAN
DENVER
Denver elementary student Janiyah celebrates a summer of improving literacy and math skills in the Y’s Power Scholars Academy™.
TOGETHER,
WE ALL GO
FORWARD

We reach higher. We dive deeper. We build strength in every one of us, so that together, our community is stronger.

This is the spirit of the YMCA.

The Y embraces the responsibility we all share: To support each other so that we all can reach our full potential. With members and program participants as diverse as our communities, this means the role of the Y takes on many forms. But for everyone, it is a place of connection and caring.

On these pages, we highlight the year’s milestones. More importantly, we tell the stories of people who’ve experienced their own milestones through the support, hope and encouragement of the YMCA.

We celebrate Vionna, who was connected to the Y after struggling with the cost of child care, being a single mom and caring for a child with special needs. We applaud the people who are fighting back after cancer, and rebuilding strength and health through the new LIVESTRONG® at the YMCA program. And we celebrate the teens, who once were at risk of falling behind academically, socially and emotionally, but who are now making positive connections in the YMCA’s expanding mentoring and youth in transition programs.

These people – and so many like them – are going further, every day. They’re discovering all that’s possible through the YMCA.

As we move into a new year, we look forward to more opportunities to be here for everyone, at every age and stage of their lives – as a connector, an innovator, and a resource. Through new and ongoing programs that keep people healthy, safe, learning, and thriving, we continue to step in where society falls short.

We are the Y. And it is our privilege and our responsibility to serve our community.
TOGETHER, WE FIND HOPE

The Y is where everyone can keep moving forward. **No matter who they are, or what they’re going through.**

Here, older adults engage their spirit and minds, challenge their bodies, and build their strength. People diagnosed with conditions like cancer, MS, and Parkinson’s Disease find programs specifically geared to them. And people who are recovering from injuries or illnesses discover all that they can still do – no matter what challenges they’re up against.

Because the Y is more than a weight room or a gymnasium. **It’s a resource and a support system.**

It’s a place where programs like LivESTRONG® at the YMCA take hold. Here, cancer survivors take part in 12 weeks of research-based activities and exercises that help them rebuild muscle mass and strength, increase flexibility, and restore confidence and self-esteem.

They work with Y staff who are trained to provide supportive care. And they learn from professionals who know the effects of cancer on the body and the soul, and what’s needed to reclaim total health.

“Through the program, we learn we can do anything,” says LivESTRONG participant Susie.

Thanks to Y donors and supporters, this program is free. The classes are a game changer. And the LivESTRONG community is a source of renewed hope.

**“We can get through just about anything.”**

– Susie

**190,000 CANCER SURVIVORS LIVE IN COLORADO**
PHYSICAL ACTIVITY CAN REDUCE CANCER RECURRENT BY UP TO 50%

For certain cancers. National Cancer Institute, 2012-2014
DENVER CHILDREN ARE GROWING UP IN UNDERSERVED COMMUNITIES

1 in 5

Vionna, Ramon, Jessalyn, and Jesus find time to have fun and be healthy together because of their scholarship to the Y.
TOGETHER, WE DISCOVER OUR STRENGTH

At the Y, we can become our very best, even when life presents its biggest challenges.

Here, working families find a partner in cultivating their children. Individuals of all walks of life discover programs and activities that improve their health and engage their spirit. And people who are struggling find a friendly welcome that makes the days easier and the future brighter.

Because the Y is more than a fitness class or a splash in the pool. It’s a place for strength, community, and hope.

It’s where single mom Vionna could turn when she learned her son had a life-threatening illness that would slowly take away his sight. For Vionna, money was tight, bills were stacking up and time and energy were in short supply. But at the Y, she could make it possible for her son to play, to exercise with staff who understood his condition, and to still be a kid. She could access financial assistance, so her other children could play sports and participate in Before and After School Care. And Vionna herself could nurture her own soul, as a volunteer for her daughter’s volleyball team.

For Vionna, challenges still exist. But the Y is helping her face them every day. Strong, empowered, and the best she can be.

“When you have people who are wonderful taking care of your kids, you can’t put a price on that.”

- Vionna

THE YMCA IS THE #1 CHILD SERVICES PROVIDER IN DENVER
TOGETHER, WE SET OUR SIGHTS HIGH

The Y is where the potential of every child is pursued. **Every single one.**

From the time they are infants, to when they’re exploring the world as teens and young adults, we believe in who they are, and all they can achieve. Here, every child can find the support and opportunities to reach higher, dive deeper, and go further.

It’s where young kids can learn, play and grow. And where older children have opportunities to lead, contribute and discover all they can do. Even if they’re struggling. The Y has programs like **Y Achievers** and **Kids in Transition Empowerment**, which reaches out to kids in low-income communities to encourage them to stay school and explore futures for themselves they may not have imagined. **Youth in Government** brings teens from around the state to the Capitol to expand civic engagement. And the expanding **Reach & Rise Mentoring** programs help at-risk kids connect with positive role models, who build their confidence and show them new pathways.

Growing up can be difficult, no matter who you are. But for kids who have the YMCA, it can be a little easier.

**Because here, all kids are believed in. And all kids belong.**

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HIGH SCHOOL STUDENTS IN LOW-INCOME FAMILIES ARE 6x MORE LIKELY TO DROP OUT

**U.S. Department of Education, 2009**
YOUTH TOOK PART IN Y PROGRAMS FOR LEADERSHIP, ACHIEVEMENT, AND VOLUNTEERING IN 2016

THE Y CONNECTS WITH YOUNG ADULTS, TEENS, AND CHILDREN AT 5 BRANCHES 129 PROGRAM CENTERS

Teens gain a hands-on understanding of how our government works while discovering new futures for themselves in Youth in Government.
AUDITED 2016 FINANCIALS

Operating Support and Revenue

- Membership: $6,960,247
- Program Revenue: $14,252,599
- Contributions & Other Support: $2,330,522
- TOTAL: $23,543,368

Operating Expenses

- Program & Membership: $21,415,400
- Management & General Administration: $1,553,182
- Fundraising Expenses: $440,517
- TOTAL: $23,409,099

IN 2016:

- 260 Organizational Donors
- 2,957 Individual Donors
2016 METRO BOARD OF TRUSTEES

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Sam Vickery
Ideacom

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Brad Harpin, Executive Director
Mark Lovato, Board Chair

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Nicole Limoges, Executive Director

SCHOOL AGE CHILD CARE/DAY CAMP BRANCH
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Kim Schulz, Associate Vice President of Child Care Services

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Jim Hiner
President & CEO

Gene deManincor
Senior Vice President
Operations/COO

Steve Homburger
Vice President
Human Resources

Jackie Loh
Vice President
Finance/Administration

Gloria Price
Vice President
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Nicole Limoges, Executive Director

SOLTERRA
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VILLAGE AT FIVE PARKS
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Arvada, CO 80005
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WHEATLANDS
6601 S. Wheatlands Pkwy.
Aurora, CO 80016
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THANK YOU FOR YOUR SUPPORT!

Going forward, help us continue to build brighter communities through youth development, healthy living, and social responsibility.

The mission of the YMCA of Metropolitan Denver is to put Christian principles into practice through programs that build a health spirit, mind, and body for all.

JOIN

Become a member and create meaningful change for yourself and for your whole community.

GIVE

Donate to the Y and invest in Denver’s families, kids, and future.

VOLUNTEER

Help us lead activities and programs that help people learn, grow, and thrive.

Gerry, who has been a member for over 40 years, finds community and support at the Schlessman Y’s Senior Center.