



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS 2017 INFORMATION

SOUTHWEST FAMILY YMCA



SPRING INDOOR & OUTDOOR SEASONS – mid March through May

Registration period for **INDOOR**: mid Jan. through mid Feb.

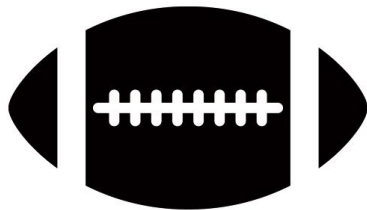
Registration period for **OUTDOOR**: early Feb. through mid March

- **Volleyball leagues** – 3rd - 8th grade divisions
- **Soccer leagues** – Pre-k - 5th grade divisions
- **Baseball leagues** – Pre-K - 2nd grade (Tball, coach pitch)
- **Basketball leagues** – 1st - 8th grade divisions
- **Adult Basketball** – Games only, Sunday afternoon/evening (LITTLETON YMCA)

SUMMER SEASON – mid June through late July

Registration period mid April through mid May

- **Soccer leagues** – Pre-k - 5th grade divisions
 - **Baseball leagues** – Pre-k - 6th grade (Tball, coach pitch, modified player pitch, player pitch)
 - **Basketball leagues** – 3rd - 8th grade divisions
 - **Volleyball Summer Workouts** – six-week clinic based session
- Summer Sport Camps** – 4 day camps for a variety of sports. Dates announced in March



FALL 1 SEASON – late August through early October

Registration period early July through early August

- **Soccer leagues** – Pre-k - 5th grade divisions
- **Basketball leagues** – 3rd - 8th grade divisions
- **Volleyball leagues** – 3rd-8th grade divisions
- **Flag Football leagues** – 1st - 6th grade divisions

FALL 2 SEASON – mid October through mid-December

Registration period late August through late September

- **Basketball leagues** – Pre-k - 8th grade divisions
- **High School Basketball** – Sunday Games only league (Nov - Feb, LITTLETON Y)
- **Volleyball leagues** – 3rd - 8th grade divisions



WINTER SEASON 2018 – mid-January through early March

Registration period early November through Mid-December

- **Basketball leagues** – Pre-k - 8th grade divisions
5th-8th grade divisions play an end of season tournament
- **Volleyball leagues** – 3rd - 8th grade divisions
- **Adult Basketball** – Games only, Wednesday nights (SOUTHWEST YMCA)

*Prices and specific season dates and registration dates for each season and program will be available at the beginning of the registration period. This information will be available on www.denverymca.org and also emailed to past participants. Questions? Contact Alex Miller, Sports Coordinator, at atmiller@denverymca.org or 303.762.6632



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Volunteer Coaches Needed

Volunteer coaches are the backbone of the YMCA Sports Program. No coaching experience is necessary, but basic knowledge of the sport is needed. If you are interested, please contact your Athletic Director. Background checks, reference checks and multiple online trainings are required to volunteer.

Program Refunds

Full refunds are available only if requested before the first game. In the instance of hardship, such as injury, a refund amount is determined by the Athletic Director. In the event the YMCA cancels a program, it will be reschedule or a refund or credit will be given. ** Allow two weeks for delivery of a refund check. Cash refunds are not available.

Financial Assistance is available to those who qualify.

At the YMCA we want every child to enjoy youth sports. If you are able to help us sustain and increase opportunities for children to participate in our programs, please add an extra amount to your registration fee, make a gift online or visit any front desk to complete a pledge card. Your donation stays local and will help children realize their potential. If you are unable to pay the full cost of Y membership or sports program fees, please apply for assistance by downloading an Open Doors Scholarship Application from our website or visiting your local Y.

YMCA Membership

When you join the YMCA you get more than just access to our facilities and classes but also 50% off sports programs and much more. Visit the front desk at your YMCA for more details on becoming a YMCA member.

Combining Leagues

One or more leagues may be combined with another YMCA branch if we do not receive enough registrations to create at least four teams

Program Descriptions

Preschool & Kindergarten Sports

Our preschool sports programs are designed to introduce young athletes (3-4 year olds) to the basics of their respective sports through games and drills. All preschool programs meet once a week, for one hour, and consist of a half-hour practice followed by a half-hour game. Programs offered are Little Sluggers T-Ball, Little Hoopsters basketball and Kickers Soccer.

Basketball

Offered for first grade through high school age groups, our basketball program focuses on teaching fundamentals, sportsmanship and teamwork through game and drills. Teams practice once a week with the exception of high school, and will play at least one game per week. Leagues are coed until 3rd grade, with separate boys and girls divisions after. Divisions offered include 1st/2nd grade, 3rd/4th grade, 5th/6th grade, 7th/8th grade, and high school.

Soccer

Our soccer program focuses on sportsmanship, teamwork and teaching the basic skills of soccer through games and drills. Levels are divided Kindergarten, 1st/2nd grade, 3rd/4th grade and 5th-7th (developmental clinic) grade, and are all coed. Program features one practice and at least one game per week.

Baseball

The baseball program is centered around player skill development based on sportsmanship, teamwork and the fundamentals of the game. Teams will practice once per week and play at least one game per week. Divisions offered are Kindergarten T-Ball, 1st/2nd grade coach-pitch, 3rd/4th grade machine pitch and 5th-7th grade (developmental clinic) player-pitch. All divisions are coed.

Flag Football

Our flag football is played 5-on-5 and is designed to help kids learn the rules of the game and the fundamentals through fast-paced games. Sportsmanship, teamwork and having fun are the emphasis. Teams will practice once and play at least one game per week. Coed divisions offered in 1st/2nd grade, 3rd/4th grade and 5th/6th grade.

Volleyball

This league will focus on teaching players teamwork, sportsmanship and the fundamentals of the game of volleyball to players from 3rd grade through 8th grade. All divisions coed, teams will practice once and play at least one match per week.

Sports Camps

We offer a variety of sports camps during the summer and winter breaks, including: basketball, volleyball, baseball, soccer, lacrosse, flag football and more! Camps are for players of all ability levels. Join the YMCA to learn new skills in a fun, positive environment. Length of camp, times and age groups vary with each camp.

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