



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS 2018 INFORMATION

SCHLESSMAN FAMILY YMCA

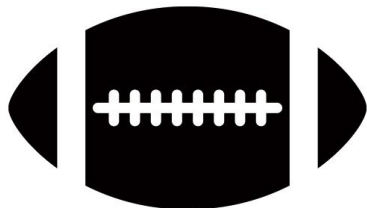


SPRING SEASON – Mid-March/April through May
Registration period for indoor: Mid-January through mid-February
Registration period for outdoor: Early February through mid-March

- **Baseball Leagues** – Pre-K - 2nd grade divisions (TBall & Coach Pitch)
- **Basketball Leagues** – Kind. - 8th grade divisions
- **Soccer Leagues** – Pre-K – 5th grade divisions
- **Lacrosse Clinic** – Kind. – 4th grade clinic meets once a week
- **Tennis Clinic**- K – 8th grade clinics meets once a week
- **Sports of All Sorts Class** – 3 - 5 year old class meets once a week

SUMMER SEASON – Mid-June through late July
Registration period: Late April through mid-May

- **Baseball Leagues** – Pre-K - 6th grade (TBall, Coach Pitch, Modified Player Pitch, Player Pitch)
- **Basketball Leagues** – 3rd - 8th grade divisions
- **Soccer Leagues** – Pre-K – 5th grade divisions
- **Tennis Clinic**- K – 8th grade clinics meets once a week
- **Adaptive Sports of All Sorts Class** – 7 – 15 year old class meets once a week
- **Summer Sport Camps** – 4 day camps for a variety of sports. Dates announced in March



FALL 1 SEASON – Mid-August through early October
Registration period: Mid-June through late July

- **Baseball Leagues** – Pre-K - 2nd grade divisions (TBall & Coach Pitch)
- **Basketball Leagues** – 3rd - 8th grade divisions
- **Flag Football Leagues** – 1st – 5th grade divisions
- **Soccer Leagues** – Pre-K – 5th grade divisions
- **Lacrosse Clinic** – Kind. – 4th grade clinic meets once a week
- **Tennis Clinic**- K – 8th grade clinics meets once a week
- **Sports of All Sorts Class** – 3 - 5 year old class meets once a week

FALL 2 SEASON – Mid-October through mid-December
Registration period: Late August through late September

- **Basketball Leagues** – Pre-K - 8th grade divisions
- **High School Basketball League** – No practices - Games only
- **Basketball Skills Clinic** – 3rd - 8th grade clinic meets once a week
- **Sports of All Sorts Class** – 3 - 5 year old class meets once a week
- **Winter Holiday Sport Camp** – 3 day basketball camp. Dates announced in September



WINTER SEASON 2019 – Early January through early March
Registration period: Early November through early December

- **Basketball Leagues** – Pre-K - 8th grade divisions
- **Basketball Skills Clinic** – 3rd - 8th grade clinic meets once a week
- **Sports of All Sorts Class** – 3 - 5 year old class meets once a week

*Prices and specific season dates and registration dates for each season and program will be available at the beginning of the registration period. Contact Katie East, Sports Coordinator, at keast@denverymca.org or 720.524.2762.



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Program Descriptions

Volunteer Coaches Needed

Volunteer coaches are the backbone of the YMCA Sports Program. No coaching experience is necessary, but basic knowledge of the sport is needed. If you are interested, please contact your Athletic Director. Background checks, reference checks and multiple online trainings are required to volunteer.

Program Refunds

Full refunds are available only if requested before the first game. In the instance of hardship, such as injury, a refund amount is determined by the Athletic Director. In the event the YMCA cancels a program, it will be reschedule or a refund or credit will be given. ** Allow two weeks for delivery of a refund check. Cash refunds are not available.

Financial Assistance is available to those who qualify.

At the YMCA we want every child to enjoy youth sports. If you are able to help us sustain and increase opportunities for children to participate in our programs, please add an extra amount to your registration fee, make a gift online or visit any front desk to complete a pledge card. Your donation stays local and will help children realize their potential. If you are unable to pay the full cost of Y membership or sports program fees, please apply for assistance by downloading an Open Doors Scholarship Application from our website or visiting your local Y.

YMCA Membership

When you join the YMCA you get more than just access to our facilities and classes but also 40% off sports programs and much more. Visit the front desk at your YMCA for more details on becoming a YMCA member.

Combining Leagues

One or more leagues may be combined with another YMCA branch if we do not receive enough registrations to create at least four teams

Preschool and Kindergarten Sports

Our preschool and kindergarten sports programs are designed to introduce young athletes (3-5 year olds) to the basics of their respective sports through games and drills. All preschool programs meet once a week, for forty minutes, and consists of a practice followed by a game. Kindergarten will meet once a week, for one hour, and consists of a practice followed by a game. Programs offered are Little Sluggers TBall, Little Hoopsters Basketball and Kickers Soccer.

Adaptive Sports of All Sorts

This program is designed for individuals with any physical, visual, or hearing disabilities. Children will spend time in the pool, as well as the gymnasium, where they will be introduced to a number of sports and develop physical and mental skills necessary. This class will meet once a week for five sessions.

Baseball

The baseball program is centered around player skill development based on sportsmanship, teamwork and the fundamentals of the game. Teams will practice once per week and play at least one game per week. Divisions offered are 1st/2nd grade coach-pitch, 3rd/4th grade modified player pitch and 5th/6th grade player-pitch. All divisions are coed.

Basketball

Offered for 1st grade through high school age groups, our basketball program focuses on teaching fundamentals, sportsmanship and teamwork through game and drills. Teams practice once a week, with the exception of high school, and will play at least one game per week. Leagues are coed until 3rd grade, with separate boys and girls divisions after. Divisions offered include 1st/2nd grade, 3rd/4th grade, 5th/6th grade, 7th/8th grade, and high school.

Flag Football

Our flag football is played 5-on-5 and is designed to help kids learn the rules of the game and the fundamentals through fast-paced games. Sportsmanship, teamwork and having fun are the emphasis. Teams will practice once and play at least one game per week. Coed divisions offered in 1st/2nd grade and 3rd/5th grade.

Lacrosse

Our lacrosse clinics are designed with the beginning player in mind. The focus is on teaching the fundamentals of lacrosse through games and drills that emphasize kids' enjoyment of the game. Clinics run once a week for an hour. Coed for 1st through 4th graders.

Soccer

Our soccer program focuses on sportsmanship, teamwork and teaching the basic skills of soccer through games and drills. Levels are divided 1st/2nd grade and 3rd/5th grade, and are both coed. Program features one practice, and at least one game per week.

Sports of All Sorts

The goal of this program is to introduce kids (ages 3-5) to a number of sports and develop the physical and mental skills necessary for both group and individual sports involvement. Modified equipment and games are used to create a fun environment where parents participate with their kids. Sports include basketball, soccer, flag football, t-ball and other fun games.

Tennis

Our tennis program helps kids learn quickly and with ease by using smaller and lighter racquets, foam low compression balls and smaller courts. Classes are offered to K/2nd grade, 3rd/5th grade and 7/8th grade.

Sports Camps

We offer a variety of sports camps during the summer and winter breaks, including: basketball, soccer, and lacrosse! Camps are for players of all ability levels. Join the YMCA to learn new skills in a fun, positive environment. Length of camp, times and age groups vary with each camp.

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