

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 1: June 3rd-7th

Weekly Theme: Mighty Jungle

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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**YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club-Safari Binoculars, Cooking Club-Fruit Animals, Active- Animal Escape, Outside</p> <p><b>12:00 LUNCH @ SCHLESSMAN</b></p> <p>Change for Swimming <b>1:00-3:00</b></p> <p><b>SWIMMING @ SCHLESSMAN</b> Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00</p> <p><b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club-Animal Masks, Team Builder-Group Juggle, Active Game-Monkey Tag, Science- Grow Your Own Jungle</p> <p><b>12:00 WALK TO DINO PARK</b> <b>12:30 LUNCH</b></p> <p><b>2:30 WALK BACK TO THE Y</b> <b>3:15 ARRIVE @ THE Y</b></p> <p><b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-10:00</b></p> <p>FIELD TRIP EXPECTATIONS</p> <p><b>10:00-3:00</b> <b>FIELD TRIP</b> Denver Zoo</p> <p>2300 Steele St Denver, CO 80205</p> <p><b>3:15 Arrive @ the Y</b></p> <p><b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club-Coffee Filter Butter- flies, Team Builder-Animal Sounds, Active Game-Animal Tag, Science Club-Rain Cloud in a Cup</p> <p><b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b></p> <p><b>AFTERNOON ROTATIONS</b> Art Club-Rain Sticks, Active Game- Lion and Zebra Tag, Team Builder-Zookeeper, Sci- ence-Volcanoes</p> <p><b>3:00-3:30</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-10:00</b></p> <p>FIELD TRIP EXPECTATIONS</p> <p><b>10:00-2:30</b> <b>FIELD TRIP</b> Lair O' the Bear Park</p> <p>22550 CO-74 Ideldale, CO 80453</p> <p><b>3:15 Arrive @ the Y</b></p> <p><b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>

**Rotations are theme based  
activities that include  
Arts & Crafts, Games,  
Cooking, Science,  
Team Building, etc.**

## Things to know this week

You can bring money to the Denver Zoo for the gift shop or concessions. On Friday, we are going hiking so please pack plenty of water! I recommend bringing a hat too!

**Please Bring to  
Camp Everyday: Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 2: June 10th-14th

Weekly Theme: Back to the Future

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Blue Blocks, Board Games, BEAM, Outside 12:00 LUNCH @ SCHLESSMAN Change for Swimming 1:00-3:00 SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club-Tie-dye, Team Builder-Egyptian Pyramids, Active Game-Pac Man Tag, Science-Homemade Lavā Lamps 12:00 WALK TO DINO PARK 12:30 LUNCH 2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:00-1:00 FIELD TRIP Skate City 5801 S. Lowell Way Littleton, CO 80123 1:30 Arrive @ the Y 2:00-3:00 Afternoon Rotations Blue Blocks, Melty Beads, Dodgeball 3:00-3:30 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club-Pixel Art, Team Builder-Magic Carpet, Active Game-Volcanoes and Craters, Science Club- Tabletop Hovercraft 12:00 LUNCH @ THE Y 1:00-3:00 AFTERNOON ROTATIONS Art Club-Braided Head Bands, Active Game-Freeze Dance, Team Builder-Musical Chairs, Cooking-Oreo Balls 3:00-3:30 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:00-2:30 FIELD TRIP Nickel-A-Play 15201 E. Mississippi Ave Aurora, CO 80012 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

You may bring money to both field trips.

Please Bring to Camp Everyday:

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 3: June 17th-21st  
Weekly Theme: H-2-OH-YEAH!  
Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club-Sun Catcher Jellyfish, Science-Orbeez, Active-Sponge Tag, Board Games <b>12:00 LUNCH @ SCHLESSMAN</b> Change for Swimming <b>1:00-3:00</b></p> <p><b>SWIMMING @ SCHLESSMAN</b> Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00 <b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS <b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club-Popped Bubble Art, Team Builder-Leaking Water Balloon Toss, Active Game-Sharks and Minnows, Science-Oil and Water Experiment <b>12:00 WALK TO DINO PARK</b> <b>12:30 LUNCH</b> <b>2:30 WALK BACK TO THE Y</b> <b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS <b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-8:00 CAMP DROP OFF</b> Camper's Choice Games <b>8:00-8:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>8:30-9:00</b></p> <p>FIELD TRIP EXPECTATIONS <b>9:00-3:00</b> <b>FIELD TRIP</b> Infinity Park</p> <p>950 S. Birch St. Glendale, CO 80246 <b>3:15 Arrive @ the Y</b> <b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS <b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-11:30</b></p> <p>MORNING ROTATIONS Art Club- Ocean Animal Sun Catchers, Active Game- Water Balloon Dodgeball, Team Builder-Ship, Sea, Shore, Science-Ocean Slime <b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b></p> <p>AFTERNOON ROTATIONS Art Club- Decorate your own Beach Ball, Active Game-Sharks and Octopus Tag, Team Builder- Beach Volleyball, Cooking- Beach Scene Vanilla Pudding Cups <b>3:00-3:30</b></p> <p>AFTERNOON SNACK/SHOUT OUTS <b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p>MORNING SNACK/ CAMP RULES <b>9:30-10:00</b></p> <p>FIELD TRIP EXPECTATIONS <b>10:30-3:00</b> <b>FIELD TRIP</b> Splash at Fossil Trace</p> <p>3151 Illinois St. Golden, CO 80401 <b>3:15 Arrive @ the Y</b> <b>3:30-4:00</b></p> <p>AFTERNOON SNACK/SHOUT OUTS <b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

On Wednesday, we are going to a Rugby camp. Make sure to pack plenty of water and I recommend a hat. On Friday, we are going to a splash pad. Pack a swimsuit!

Please Bring to Camp Everyday:

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 4: June 24th-28th  
Weekly Theme: Y –Camp Throwdown  
Age Group: 8-12

**Camp Site**  
**Contact Information**

Sydney Gonzales  
720-630-1040  
sgonzales@denverymca.org



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Imagination Station, Pattern Challenge, BEAM, Outside 12:00 LUNCH @ SCHLESSMAN Change for Swimming 1:00-3:00 SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club-God's Eyes, Team Builder-Shrinking Blanket, Active Game-Parachute Volleyball, Science-Puffy Slime 12:00 WALK TO DINO PARK 12:30 LUNCH 2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-8:00 CAMP DROP OFF Camper's Choice Games 8:00-8:30 MORNING SNACK/ CAMP RULES 8:30-9:00 FIELD TRIP EXPECTATIONS 11:00-3:00 FIELD TRIP Spider Monkey 1400 S Abilene St Aurora, CO 80012 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club-Friendship Bracelets, Team Builder-Cross the River, Active Game-Capture the Flag, Science Club-Build a Rocket 12:00 LUNCH @ THE Y 1:00-3:00 AFTERNOON ROTATIONS Art Club-Keychains, Active Game-Ultimate Dodgeball, Team Builder-Poison Dart Frog, Cooking-Trail Mix 3:00-3:30 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:30-3:00 FIELD TRIP Cornerstone Park 5150 S Windermere St Littleton, CO 80120 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

Please bring socks on Wednesday's field trip. On Friday, we will be at a splash pad, pack a swimsuit!

Please Bring to Camp Everyday:

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

# Schlessman YMCA Camp

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 5: July 1-5

Weekly Theme: Holidaze

Age Group: 8-12

**Camp Site**  
**Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club- Coloring Pages, Cooking Club- Make-Your-Own-Guacamole, BEAM Game, Outside 12:00 LUNCH @ SCHLESSMAN Change for Swimming 1:00-3:00 SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club- Mexican Banderas, Team Builder- Mummy Race, Active Game- Color Match, Cooking Club- Monster Donuts 12:00 WALK TO DINO PARK 12:30 LUNCH 2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:00-3:00 FIELD TRIP Aurora Reservoir Potluck 2600 E Quincy Ave., Aurora, CO 80016 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>	<p>NO CAMP FOURTH OF JULY ENJOY THE HOLIDAY!</p>	<p>6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:00-3:00 FIELD TRIP Progreash- SIGN WAIVER 9499 Washington St #50., Thornton, CO 80229 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice</p>

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

This week we are celebrating all sorts of holidays, including the Fourth of July (NO CAMP!) Get ready for Halloween, Cinco de Mayo, Thanksgiving, and lots more during the summer time...what?! On Tuesday we will have a potluck for our Fourth of July BBQ at the Aurora Reservoir. **Please wear your camp shirt on field trip days.**

**Please Bring to Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman YMCA Camp

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 6: July 8-12

Weekly Theme: Work Hard! Play Hard!

Age Group: 8-12

**Camp Site**  
**Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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6:30-9:00 CAMP DROP OFF Camper's Choice Games	6:30-9:00 CAMP DROP OFF Camper's Choice Games	6:30-8:30 CAMP DROP OFF Camper's Choice Games	6:30-9:00 CAMP DROP OFF Camper's Choice Games	6:30-9:00 CAMP DROP OFF Camper's Choice Games
9:00-9:30 MORNING SNACK/ CAMP RULES	9:00-9:30 MORNING SNACK/ CAMP RULES	8:30-9:00 MORNING SNACK/ CAMP RULES	9:00-9:30 MORNING SNACK/ CAMP RULES	9:00-9:30 MORNING SNACK/ CAMP RULES
9:30-11:30 MORNING ROTATIONS	9:30-11:30 MORNING ROTATIONS	9:00-9:30 FIELD TRIP EXPECTATIONS	9:30-10:00 FIELD TRIP EXPECTATIONS	9:30-11:30 MORNING ROTATIONS
Art Club- Coloring Pages, Cooking Club- Popcorn Balls, BEAM Game, Outside	Art Club- Jump Ropes, Team Builder- Mine Field, Active Game- Alaskan Baseball, Cooking Club- Walking Tacos	<b>10:00-2:30</b> <b>FIELD TRIP</b> Red Rocks Hike	<b>10:30-3:30</b> <b>FIELD TRIP</b> Outlaws Game	Art Club- Olympic Medals, Team Builder- Don't Wake the Dragon, Active Game- What Time is it Mr. Wolf?, Science Club- Basketball Newspaper
12:00 LUNCH @ SCHLESSMAN Change for Swimming	12:00 WALK TO DINO PARK 12:30 LUNCH	18300 W Alameda Pkwy, Morrison, CO 80465	1701 Bryant St., Denver, CO 80204	12:00 LUNCH @ THE Y
1:00-3:00 SWIMMING @ SCHLESSMAN	2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y	<b>3:15 Arrive @ the Y</b>	<b>3:30 Arrive @ the Y</b>	1:00-3:00 AFTERNOON ROTATIONS
Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00	3:30-4:00 AFTERNOON SNACK/SHOUT OUTS	3:30-4:00 AFTERNOON SNACK/SHOUT OUTS	3:30-4:00 AFTERNOON SNACK/SHOUT OUTS	Art Club- Melty Beads, Active Game- Tunnel Tag, Team Builder- Blue Blocks
Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00	4:00-6:00 CAMP PICK UP Camper's Choice	4:00-6:00 CAMP PICK UP Camper's Choice	4:00-6:00 CAMP PICK UP Camper's Choice	3:00-3:30 AFTERNOON SNACK/SHOUT OUTS
3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS				4:00-6:00 CAMP PICK UP Camper's Choice
4:00-6:00 CAMP PICK UP Camper's Choice				

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

Campers should get ready to work hard, and play harder! This week we will be going on a hike and also watching an Outlaws Game. Please be sure to bring plenty of water and sunscreen this week! We will be swimming on Monday. **Please wear your camp shirt on field trip days.**

**Please Bring to Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman YMCA Camp

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 7: July 15-19

Weekly Theme: Splashin' Into Summer

Age Group: 8-12

**Camp Site**  
**Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club- Coloring Pages, Dancing Chain, BEAM Game, Outside 12:00 LUNCH @ SCHLESSMAN Change for Swimming 1:00-3:00 SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club- Perfect Summer Day Painting, Team Builder- Pass the Water, Active Game- Kickball, Cooking Club- Root Beer Floats 12:00 WALK TO DINO PARK 12:30 LUNCH 2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-10:00 FIELD TRIP EXPECTATIONS 10:00-2:30 FIELD TRIP Pirate's Cove 1225 W Belleview Ave, Littleton, CO 80120 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-9:00 CAMP DROP OFF Camper's Choice Games 9:00-9:30 MORNING SNACK/ CAMP RULES 9:30-11:30 MORNING ROTATIONS Art Club- , Team Builder- , Active Game- , Science Club- 12:00 LUNCH @ THE Y 1:00-3:00 AFTERNOON ROTATIONS Art Club- Melty Beads, Active Game- Tunnel Tag, Team Builder - Blue Blocks 3:00-3:30 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice	6:30-8:30 CAMP DROP OFF Camper's Choice Games 8:30-9:00 MORNING SNACK/ CAMP RULES 9:00-9:30 FIELD TRIP EXPECTATIONS 10:00-2:30 FIELD TRIP Utah Indoor Pool 1800 S Peoria St, Aurora, CO 80012 3:15 Arrive @ the Y 3:30-4:00 AFTERNOON SNACK/SHOUT OUTS 4:00-6:00 CAMP PICK UP Camper's Choice

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

Make sure you are ready for a week full of fun! We have planned a TON of water-related activities this week, as well as going to several pools. Please be sure to bring all of your swim gear (towels, goggles, etc.) and plenty of sunscreen! **Please wear your camp shirt on field trip days.**

**Please Bring to Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman YMCA Camp

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 8: July 22-26

Weekly Theme: Colo-RAD-o

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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**YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Art Club- Coloring Pages, BEAM Game, Outside</p> <p><b>12:00 LUNCH @ SCHLESSMAN</b> Change for Swimming</p> <p><b>1:00-3:00</b> SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00</p> <p><b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Art Club- Pine Cone Bird Feeders, Team Builder- Spectrums of Colorado, Active Game- Rocky Mountain Relay, Cooking Club- Solar S'mores</p> <p><b>12:00 WALK TO DINO PARK</b> <b>12:30 LUNCH</b></p> <p><b>2:30 WALK BACK TO THE Y</b> <b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-8:30 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>8:30-9:00</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:00-9:30</b> FIELD TRIP EXPECTATIONS</p> <p><b>9:30-12:30</b> FIELD TRIP Four Mile Historic Park 715 S Forest Dr., Denver, CO 80246</p> <p><b>12:30-2:30 DINO PARK</b> <b>2:30 WALK BACK TO Y</b> <b>3:30-4:00</b></p> <p><b>3:15 Arrive @ the Y</b></p> <p>AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Art Club- Nature Collage, Building Club- Camp at Camp, Active Game- Rock Slide, Science Club- Pollinators of Colorado</p> <p><b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b> AFTERNOON ROTATIONS Art Club- Melty Beads, Active Game- Freeze Tag, Team Builder - Blue Blocks</p> <p><b>3:00-3:30</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-8:30 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>8:30-9:00</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:00-9:30</b> FIELD TRIP EXPECTATIONS</p> <p><b>10:00-1:30</b> FIELD TRIP Phoenix Gold Mine 800 Trail Creek Rd., Idaho Springs, CO 80452</p> <p><b>3:00 Arrive @ the Y</b></p> <p><b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>

**Rotations are theme based activities that include  
Arts & Crafts, Games,  
Cooking, Science,  
Team Building, etc.**

## Things to know this week

This week we will be exploring all that Colorado has to offer! From the Pioneer Days to digging for gold, be ready for a week full of history. We will be swimming this Monday. **Please remember to wear your camp shirt on field trip days!**

**Please Bring to Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**



# Schlessman YMCA Camp

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 9: July 29– August 2

Weekly Theme: You're Bacon Me Crazy

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30–9:00 CAMP DROP OFF Camper's Choice Games	6:30–9:00 CAMP DROP OFF Camper's Choice Games	6:30–9:00 CAMP DROP OFF Camper's Choice Games	6:30–9:00 CAMP DROP OFF Camper's Choice Games	6:30–9:00 CAMP DROP OFF Camper's Choice Games
9:00–9:30 MORNING SNACK/ CAMP RULES	9:00–9:30 MORNING SNACK/ CAMP RULES	9:00–9:30 MORNING SNACK/ CAMP RULES	9:00–9:30 MORNING SNACK/ CAMP RULES	9:00–9:30 MORNING SNACK/ CAMP RULES
9:30–11:30 MORNING ROTATIONS Art Club– Coloring Pages, BEAM Game, Cooking Club– Fruit Sushi, Outside	9:30–11:30 MORNING ROTATIONS Art Club– Pot Holder, Team Builder– Banana Split Relay Race, Active Game– Hot Dog Tag, Cooking Club– Fruit Pizza	9:30–10:00 FIELD TRIP EXPECTATIONS	9:30–11:30 MORNING ROTATIONS Art Club– Pasta Mandalas, Science Club– Marshmallow Pasta Towers, Active Game– Pizza Tag, Minute to Win It– Cookie Face	9:30–10:00 FIELD TRIP EXPECTATIONS
12:00 LUNCH @ SCHLESSMAN Change for Swimming	12:00 WALK TO DINO PARK 12:30 LUNCH	10:30–4:00 FIELD TRIP Rockies Game	12:00 LUNCH @ THE Y 1:00–3:00	10:30–2:30 FIELD TRIP Casa Bonita
1:00–3:00 SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00–2:00, Gym from 2:00–3:00	2:30 WALK BACK TO THE Y 3:15 ARRIVE @ THE Y	4:30 Arrive @ the Y	AFTERNOON ROTATIONS Art Club– Melty Beads, Active Game– Sharks and Minnows, Team Builder–Egg Toss, Blue Blocks	3:15 Arrive @ the Y
3:15 ARRIVE @ THE Y 3:30–4:00	3:30–4:00 AFTERNOON SNACK/SHOUT OUTS	3:30–4:00 AFTERNOON SNACK/SHOUT OUTS	3:00–3:30 AFTERNOON SNACK/SHOUT OUTS	3:30–4:00 AFTERNOON SNACK/SHOUT OUTS
AFTERNOON SNACK/SHOUT OUTS	4:00–6:00 CAMP PICK UP Camper's Choice	4:00–6:00 CAMP PICK UP Camper's Choice	4:00–6:00 CAMP PICK UP Camper's Choice	4:00–6:00 CAMP PICK UP Camper's Choice
4:00–6:00 CAMP PICK UP Camper's Choice				

Rotations are theme based activities that include  
**Arts & Crafts, Games, Cooking, Science, Team Building, etc.**

## Things to know this week

This week we've got a whole lot of cooking to do! Our students will be trained chefs this week with lots of cooking clubs, a field trip to Casa Bonita (lunch provided!), and a Rockies Game (be sure to bring money for the concessions!) **Please wear your camp shirt on field trip days.**

**Please Bring to Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 10: August 5th-9th

Weekly Theme: T.H.O.R

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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**YMCA of METROPOLITAN DENVER  
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Melty Beads, Board Games, Sharks and Minnows, Outside</p> <p><b>12:00 LUNCH @ SCHLESSMAN</b> Change for Swimming</p> <p><b>1:00-3:00</b> SWIMMING @ SCHLESSMAN Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00</p> <p><b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Art Club-Super Hero Craft Sticks, Team Builder-Spider Sense Obstacle Course, Active Game-Super Hero Tag, Science - Super Hero Slime</p> <p><b>12:00 WALK TO DINO PARK</b> <b>12:30 LUNCH</b></p> <p><b>2:30 WALK BACK TO THE Y</b> <b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-10:00</b> FIELD TRIP EXPECTATIONS</p> <div style="background-color: white; padding: 5px; text-align: center;"> <p><b>10:00-1:30</b> <b>FIELD TRIP</b> Warrior Challenge Arena</p> </div> <p>3400 Industrial Ln , Broomfield, CO 80020</p> <div style="background-color: white; padding: 5px; text-align: center;"> <p><b>2:00 Arrive @ the Y</b></p> </div> <p><b>2:00-3:30</b> Kickball and Board Games</p> <p><b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-11:30</b> MORNING ROTATIONS Art Club-Indoor Superhero Boomerangs, Team Builder-Superhero Rock, Paper, Scissors, Active Game-Kryptonite Relay, Science Club-Super Hero Catapults</p> <p><b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b> AFTERNOON ROTATIONS Art Club-Capes, Active Game-Cops and Robbers, Team Builder-Create a Superhero, Cooking-Hulk Pudding Cups</p> <p><b>3:00-3:30</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games</p> <p><b>9:00-9:30</b> MORNING SNACK/ CAMP RULES</p> <p><b>9:30-10:00</b> FIELD TRIP EXPECTATIONS</p> <div style="background-color: white; padding: 5px; text-align: center;"> <p><b>10:30-3:00</b> <b>FIELD TRIP</b> Bellevue Park</p> </div> <p>5001 S. Inca Dr, Englewood, CO 80110</p> <div style="background-color: white; padding: 5px; text-align: center;"> <p><b>3:15 Arrive @ the Y</b></p> </div> <p><b>3:30-4:00</b> AFTERNOON SNACK/SHOUT OUTS</p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>

**Rotations are theme based activities that include  
Arts & Crafts, Games,  
Cooking, Science,  
Team Building, etc.**

## Things to know this week

Please bring socks to Wednesday's field trip!

**Please Bring to  
Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

# Schlessman

SUMMER CAMP HOURS

6:30 AM—6:00 PM

[www.DenverYMCA.org/camps](http://www.DenverYMCA.org/camps)

WEEK # 11: August 12th-16th

Weekly Theme: Staycation

Age Group: 8-12

**Camp Site  
Contact Information**

**Sydney Gonzales**  
720-630-1040  
sgonzales@denverymca.org



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Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p><b>MORNING SNACK/ CAMP RULES</b> <b>9:30-11:30</b></p> <p><b>MORNING ROTATIONS</b> Art Club- Coloring Pages, Board Games, BEAM Game, Outside</p> <p><b>12:00 LUNCH @ SCHLESSMAN</b> Change for Swimming <b>1:00-3:00</b></p> <p><b>SWIMMING @ SCHLESSMAN</b> Group 1: Swim from 1:00-2:00, Gym from 2:00-3:00 Group 2: Gym from 1:00-2:00, Swim from 2:00-3:00</p> <p><b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b></p> <p><b>AFTERNOON SNACK/SHOUT OUTS</b></p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p><b>MORNING SNACK/ CAMP RULES</b> <b>9:30-11:30</b></p> <p><b>MORNING ROTATIONS</b> Art Club- Sand Castle Light-house, Team Builder- Boppin' Beach Ball, Active Game- Capture the Flag, Science- Lava Lamps</p> <p><b>12:00 WALK TO DINO PARK</b> <b>12:30 LUNCH</b></p> <p><b>2:30 WALK BACK TO THE Y</b> <b>3:15 ARRIVE @ THE Y</b> <b>3:30-4:00</b></p> <p><b>AFTERNOON SNACK/SHOUT OUTS</b></p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p><b>MORNING SNACK/ CAMP RULES</b> <b>9:30-11:30</b></p> <p><b>CARNIVAL ROTATIONS</b> Face Paint, Carnival Games, Relay Race, Bouncy House</p> <p><b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b></p> <p><b>CARNIVAL ROTATIONS</b> Bouncy House, Snow Cones, Pie a Staff, Freeze Dance</p> <p><b>3:00-3:30</b></p> <p><b>AFTERNOON SNACK/ SHOUTOUTS</b></p> <p><b>4:00- 6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p><b>MORNING SNACK/ CAMP RULES</b> <b>9:30-11:30</b></p> <p><b>MORNING ROTATIONS</b> Art Club- Q-Tip Daisies, Team Builder- Sponge Boats, Active Game- Mother, May I?, Outside</p> <p><b>12:00 LUNCH @ THE Y</b> <b>1:00-3:00</b></p> <p><b>AFTERNOON ROTATIONS</b> Art Club- Melty Beads, Active Game- Kickball, Team Builder- Pattern Challenge, Cooking Club- Fruit Rockets</p> <p><b>3:00-3:30</b></p> <p><b>AFTERNOON SNACK/SHOUT OUTS</b></p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>	<p><b>6:30-9:00 CAMP DROP OFF</b> Camper's Choice Games <b>9:00-9:30</b></p> <p><b>MORNING SNACK/ CAMP RULES</b> <b>9:30-10:00</b></p> <p><b>FIELD TRIP EXPECTATIONS</b></p> <p><b>9:30-2:00</b> <b>FIELD TRIP</b> The Island</p> <p>2233 S. Geneva St Aurora, CO 80247</p> <p><b>2:30 Arrive @ the Y</b></p> <p><b>2:30-3:30</b> Coloring Pages, Board Games, Melty Beads</p> <p><b>3:30-4:00</b></p> <p><b>AFTERNOON SNACK/SHOUT OUTS</b></p> <p><b>4:00-6:00 CAMP PICK UP</b> Camper's Choice</p>

**Rotations are theme based activities that include  
Arts & Crafts, Games,  
Cooking, Science,  
Team Building, etc.**

## Things to know this week

On Wednesday, we will be having a pot-luck. We will be providing hot dogs. If you can contribute that would be great!

Last names A-H bring a side, I-P bring a drink (water or juice), Q-Z bring a dessert. We do have peanut allergies!

**Please Bring to  
Camp Everyday:**

**Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**