

Southwest YMCA

SUMMER CAMP HOURS
M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 1 May 28-31
T.H.O.R
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303 762 6638
egarcia@denverymca.org

Brooke Sandoval
720 810 7341



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Closed</p> <p>Memorial</p> <p>Day</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p style="text-align: right;">9:30-11:30 GROUP ROTATIONS 1. Super Hero Masks 2. Yoga 3. Superhero Shields</p> <p style="text-align: center;">11:30-12:30 LUNCH</p> <p style="text-align: right;">12:30-1:30 GROUP ROTATIONS 1. Popsicle Stick Superhero's 2. Capture the Flag</p> <p style="text-align: center;">1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>10:00 AM-4:00 PM FIELD TRIP TO: Warrior Challenge Arena 7577 W. 103rd Ave, Westminster, CO. 80021 (WAIVER)</p> </div> <p>tendance, Daily Expectations</p> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p style="text-align: right;">9:30-11:30 GROUP ROTATIONS 1. Teambuilding Games 2. Superhero Handprints 3. Ninja Tag</p> <p style="text-align: center;">11:30-12:30 LUNCH</p> <p style="text-align: right;">12:30-1:30 GROUP ROTATIONS 1. Minute to win it 2. Rock, Papers, Scissors Tag</p> <p style="text-align: center;">1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>10:00 AM-4:00 PM FIELD TRIP TO: Centennial Center Park 13050 E Peakview Ave Centennial, Co. 80111</p> </div> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

**Please Bring to
Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

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SUMMER CAMP HOURS
M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 2 June 3rd-7th
Splashin into Summer

**Camp Site
Contact Information**

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WEEK #3 June 10th-14th
Mighty Jungle
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303762 6638
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WEEK # 4 June 17th-21st
H2 Oh Yeah!

Camp Site Contact Information

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303 762 6638

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YMCA of METROPOLITAN DENVER Summer Day Camp 2019

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<p>6:30-9:00 CAMP DROP OFF-- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING-- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Under the sea gram crackers 2. Drip drip drop 3. Paper plate turtles</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Sprinkler games 2. Water Balloon baseball</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP-- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF-- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING-- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Water Trivia 2. Snail Crafts 3. Sidewalk Chalk</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Slip and Slide</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP-- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF-- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING-- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: Splash! 3151 Illinios St Golden, Co 80401 (WATER PARK)</p> <p>3:00-4:00 CAMP CLOSING-- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP-- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF-- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING-- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Pass the water relay race 2. Sponge dodgeball 3. Shark bit my cup</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. How well do you know your counselor 2. Fill the bucket relay</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP-- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF-- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING-- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: H2O'Brien Pool 10795 Victorian Dr. Parker, Co 80138 (WATER PARK)</p> <p>3:00-4:00 CAMP CLOSING-- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP-- Greeting/ Parent Q & A Playground activities Gym Group Games</p>

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M-F 6:30 AM-6:00 PM

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WEEK # 5 June 24th-28th
You're Bacon Me Crazy
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303 762 6638
egarcia@denverymca.org

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720 810 7341



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<p>6:30-9:00 CAMP DROP OFF– Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING– Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>9:30 AM-3:00 PM WALK TO: HAT PARK PLAYGROUND AND WATER FOUNTAIN PLAY</p> </div> <p>3:00-4:00 CAMP CLOSING– Afternoon Snack, Camper Grams, Highs & Lows</p> <p>4:00-6:00 CAMP PICK UP– Greeting/ Parent Q & A</p>	<p>6:30-9:00 CAMP DROP OFF– Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING– Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. DIY Candy Necklaces 2. Run Buffalo Run 3. Mr. Chef, What time is it?</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Yoga 2. Musical Hoops</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP– Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF– Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00 LEAVING AT 9M SHARP!!</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>EARLY DEPARTURE TO FIELD TRIP 9:00 AM-4:00 PM FIELD TRIP TO: Dion's Pizza 7577 W. 103rd Ave, Westminster, CO. 80021 THEN TO Pioneer Park</p> </div> <p>3:00-4:00 CAMP CLOSING– Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP– Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF– Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING– Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Mini Donut Spiders 2. Relay Race 3. Capture the flag</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Camping Cookies 2. Cup of Chance</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP– Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF– Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING– Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>10:00 AM-4:00 PM FIELD TRIP TO: HuHot Mongolian Grill 3698 S Natches Ct Sheridan, Co. 80110 THEN TO Belleview Park</p> </div> <p>3:00-4:00 CAMP CLOSING– Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP– Greeting/ Parent Q & A Playground activities Gym Group Games</p>

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WEEK # 6 July 1st-5th
Holidaze

Kinder-3rd Grade

**Camp Site
Contact Information**

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Potluck 4th of July BBQ Tuesday July 2nd @ YMCA

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WEEK # 7 July 8th-12th
Work Hard, Play Hard
Kinder-3rd Grade

**Camp Site
Contact Information**

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M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 8 July 15th-19th

Colo-RAD-o

Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303 762 6638
egarcia@denverymca.org

Brooke Sandoval
720 810 7341



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Colorado Flags 2. No-bake Cinnamon Rolls 3. Butterflies</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Rock painting 2. Colorado Map</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Leaf rubbing 2. Egg Carton Mountains 3. Nature names</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Kickball 2. Sponge Toss</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: Mid Air Adventures 9499 Washington St Thornton, Co. 80229 THEN TO Lu Murray Park (WAIVER)</p> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Dandelion painting 2. Capture the flag 3. DIY Nature Faces</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Leaf Necklaces 2. Sidewalk chalk</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: Bear Creek Lake Park 15600 W Morrison Rd Morrison Co. 80465 (SWIM BEACH)</p> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>

**Rotations are theme based activities that include
Arts & Crafts, Games,
Cooking, Science,
Team Building, etc.**

Things to know this week

**Please Bring to
Camp Everyday: Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes**

Southwest YMCA

www.DenverYMCA.org/camps

SUMMER CAMP HOURS

M-F 6:30 AM-6:00 PM

WEEK # 9 July 22nd-26th
Summer Rewind
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303762 6638
egarcia@denverymca.org

Brooke Sandoval
720 810 7341



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Summer Day Camp 2019**

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Southwest YMCA

SUMMER CAMP HOURS
M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 10 July 29th-Aug 2nd
Fun-gineering
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303 762 6638
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Brooke Sandoval
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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Bubble Painting 2. Mashmellow Catapult 3. Slime</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Human Knot 2. Hop Scotch+</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Egg Drop Preparation 2. DIY Airplanes 3. Egg Drop Competition</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. Dizzy Bat 2. Parachute games</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: Laser Quest 8988 E Hampden Ave Denver, Co 80231</p> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>9:30-11:30 GROUP ROTATIONS 1. Clay Sculptures 2. Egg Race 3. Paint Clay Sculptures</p> <p>11:30-12:30 LUNCH</p> <p>12:30-1:30 GROUP ROTATIONS 1. 3 legged race 2. Blind fold taste test</p> <p>1:30-4:00 GROUP SWIMMING</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>	<p>6:30-9:00 CAMP DROP OFF- Greeting/ Parent Q & A Table games, Gym games</p> <p>9:00-9:30 CAMP OPENING- Morning Snack, Sunscreen, Attendance, Daily Expectations</p> <p>10:00 AM-4:00 PM FIELD TRIP TO: Nickle-A-Play 15201 E Mississippi Ave Aurora, Co. 80012</p> <p>3:00-4:00 CAMP CLOSING- Afternoon Snack, Camper Grams, High & Lows</p> <p>4:00-6:00 CAMP PICK UP- Greeting/ Parent Q & A Playground activities Gym Group Games</p>

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Southwest YMCA

SUMMER CAMP HOURS
M-F 6:30 AM-6:00 PM

www.DenverYMCA.org/camps

WEEK # 11 August 5th-8th
Y Camp Throwdown
Kinder-3rd Grade

**Camp Site
Contact Information**

Erin Garcia
303 762 6638
egarcia@denverymca.org

Brooke Sandoval
720 810 7341



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**YMCA of METROPOLITAN DENVER
Summer Day Camp 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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**Things to know
this week**

Bring White T-shirt Next Week

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Camp Everyday:**

Lunch, AM & PM Snack, Water Bottle, Sunscreen, and Closed Toe Shoes

Southwest YMCA

SUMMER CAMP HOURS
M-F 6:30 AM-6:00 PM
WEEK # 12 August 12th-16th
Staycation
ALL CAMP

www.DenverYMCA.org/camps

Camp Site
Contact Information

Erin Garcia
202 762 6638
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720 810 7341



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Summer Day Camp 2019

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